






Menu for Early Years

KW 25	Standard Menu	Vegetarian / Vegan Menu
	Salad variations Spaghetti Bolognese with Parmesan & fresh basil <b>A1, j, g</b> Fresh seasonal fruit	Salad variations Spaghetti with vegan bolognese with parmesan & fresh basil <b>A1, j, g</b> Fresh seasonal fruit
	Salad variations Broccoli cream soup with roasted potato cubes and farmhouse bread <b>A1, g</b> Strawberry Tiramisu <b>g</b>	Salad variations Carrot soup with roasted onion and farmhouse bread <b>A1</b> Strawberry Tiramisu <b>g</b>
	Salad variations Beef meatballs with paprika dip, mashed potatoes & mixed vegetables <b>g</b> Fresh seasonal fruit	Salad variations Veggie meatballs with paprika dip, mashed potatoes & mixed vegetables <b>g</b> Fresh seasonal fruit
	Salad variations Nasi Goreng with chicken strips and a mild coconut curry sauce Greek yogurt with honey and muesli crunch <b>g</b>	Salad variations Nasi Goreng with tofu and a mild coconut curry sauce Greek yogurt with honey and muesli crunch <b>g</b>
	Salad variations Mediterranean vegetables on a pike-perch fillet with potatoes, decorated with lime sauce <b>g</b> Fresh seasonal fruit	Salad variations Mediterranean vegetables on a vegetable patty with potatoes, decorated with lime sauce <b>g</b> Fresh seasonal fruit



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs