

Menu for Early Years

KW 39	Standard Menu	Vegetarian / Vegan Menu
	Salad variations Penne Bolognese with Parmesan a, a1, g Fresh seasonal fruit	Salad variations Penne with Vegetarian Bolognese a, a1, f, i Fresh seasonal fruit
	Salad variations Chicken strips with mushrooms, served with rice g Vanilla cream with strawberry mousse g	Salad variations Risotto with mushrooms, zucchini and eggplant g Vanilla cream with strawberry mousse g
	Salad variations Lentil soup with baguette a, a1, i Fresh seasonal fruit	Salad variations Pumpkin soup with baguette g Fresh seasonal fruit
	Salad variations Pizza Salami a, a1, g Tiramisu a, a1, g	Salad variations Pizza Margherita a, a1, g or Pizza Verdure a, a1, g Tiramisu a, a1, g
	Salad variations Fried potatoes with baked fish, creamed spinach and home-made remoulade a, a1, g, d Fresh seasonal fruit	Salad variations Fried potatoes with vegetable patty, creamed spinach and home-made remoulade a, a1, g Fresh seasonal fruit



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs