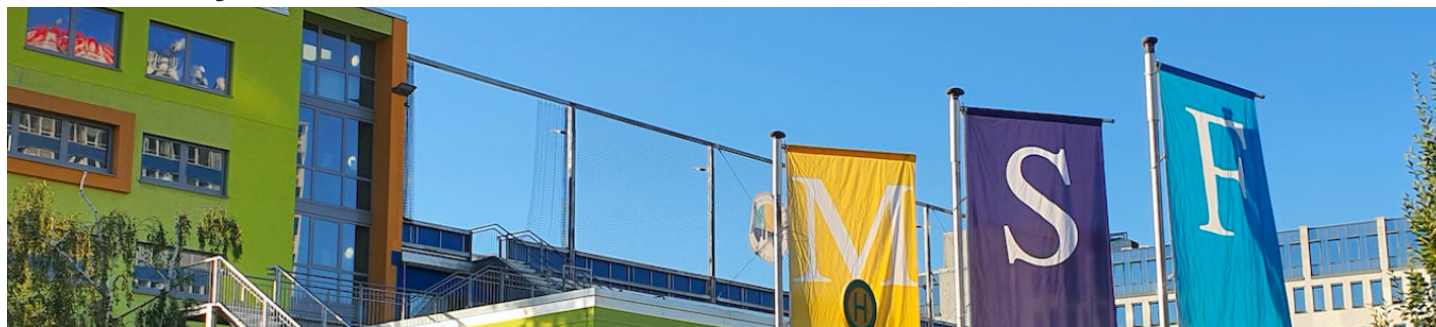


26th January 2023



Whole School Announcements

Events



MSF Kindness Month

In February, we will be celebrating Kindness Month across the entire school. Students will be exploring what kindness truly means throughout this month.

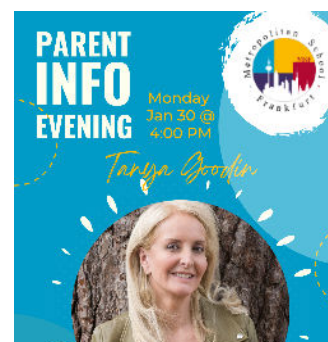
We will also be selling a special edition 2023 Kindness Month **T-Shirt** to wear during Spirit Week! [Click here to purchase.](#)

Digital Citizenship Information Evening for Parents (30.01.23 at 4pm)

Event Info: [Tanya Goodin](#) covers not only fundamentals such as internet safety and cyberbullying but also comparison culture, mental health, good digital citizenship, gaming addiction, and resisting the attention economy.

Registration: Please RSVP using this [Google Form](#). If you want to attend and require after school care, please sign up by using this [ASC form](#).

Notes: There will be a short screencast, rather than a recording of the live presentation, for parents who cannot attend. Mr Wragg will also take notes at the meeting and present these back during the Primary Parent Rep meeting on Wednesday 1st February at 08:30 in the cafeteria, all parents are welcome.



Whole School Event: "Introduction - High School Diploma and Opportunities" (07.02.23)

SEC Assistant Principal and IB Coordinator, Ms Katell Dodd and the University Guidance Counselor, Ms Kari Oelkers, will host an information evening for the whole school parents at 16:00 on Tuesday, 7th February 2023 in H02.12 Classroom in the SEC building. All MSF parents are welcome to join this event, if you are wondering:

- What if my child does not want to choose the IB diploma path?
- What else does the MSF Secondary School offer?
- Can my child get into university without the IB diploma?

Please complete this [registration form](#) by Sunday, 29th January, if you would like to attend the event.

Welcoming Committee: Coffee Morning for New Families (17.02.23)

Welcome to MSF! We warmly invite you to our coffee morning for MSF families on 17th February 2023. The event will take place in the school cafeteria from 8.30 to 9.45. This will be an occasion to get to know the new families who joined MSF during the current school year, to introduce the Welcoming Committee, the Friends of Metropolitan, our Parent Head Representatives and the MSF Leadership Team.



MSF Business Club Open for Parents

We invite parents, students and staff to join MSF Business Club. If you already have a business and would like to take it to the next level - or if you are just thinking about opening one - you are welcome to be a part of it. Club's aim is to foster entrepreneurial spirit and cooperation within the MSF community. To register please send an [email](#).

General Information

Parking spaces across the street

Dear Parents, please note that the **parking spaces** across the street from the school property are **not available for free use**. Those who are interested may rent the parking spaces. Please contact the Main Office if you do so. Parking without a rental agreement is not permitted.



Car Pooling

We want to start with something new: We want to ask parents (who are interested in car pooling) to connect with each other via an interactive map. Parents will receive a link and can add their location, if interested. This is to avoid the data protection restrictions. → Please have a look at [this guide](#).

Action required! Please complete forms

EY forms

- **Voluntary Spit tests sign up:** Please use this [Form](#) if you wish to do voluntary covid testing at home, and this [Form](#) to upload your test results.
- **Fasching Holiday Programme Registration:** If you would like to register your child for the Fasching Holiday Programme, from 20th-22nd February, please [register here](#).
- **Health in the Early Years:** Please complete this [quick 3 question survey](#).
- **Mindful Parents:** Lauren Alvarez will host another mindfulness session for parents on Friday, 10th February at 8.30am. To join, please fill out the sign up [form](#).

PRI forms

- **G4 parents only:** Don't forget to [fill in the document](#) for the local school authorities, deadline 12.02.2023.
- **Reports** to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.
- **Voluntary student covid testing sign up for PRI and SEC:** If you wish your child to do voluntary covid testing at home, please fill in the [voluntary student covid testing form](#), deadline to sign up is Monday, 08:00.

SEC forms

- **Reports** to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.
- **Voluntary student covid testing sign up for PRI and SEC:** If you wish your child to do voluntary covid testing at home, please fill in the [voluntary student covid testing form](#), deadline to sign up is Monday, 08:00.

STAY UPDATED:



Early Years



Primary School



Secondary School



Early Years

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			26 Jan	27 Jan
			Bulletin	EY Parent Rep Meeting
30 Jan	31 Jan	01 Feb	02 Feb	03 Feb
06 Feb	07 Feb	08 Feb	09 Feb	10 Feb
			Bulletin	EY Parent Rep Meeting



Message from Ms Henkel

As a team, we are reviewing our curriculum regarding health promoting measures and will be updating our pedagogical concept according to our needs following the latest recommendations of the "Hessische Arbeitsgemeinschaft für Gesundheitsförderung e.V. (HAGE)". In order to find out about the current needs of our families, we would appreciate input from as many families as possible - it will only take 5-10 minutes to complete this [quick 3 question survey](#). We will include your valuable feedback in our upcoming discussions and will make sure to include student voices regarding this topic too.

During my research and the workshops I attended on health promotion in the Early Years, it became clear that we can be more balanced in our multiple roles as parent, partner and employer/student, etc. if - firstly - we take care of ourselves. I read this interview from [Unicef on Self-Care for Parents](#) and wanted to share it with you. I also encourage parents who sometimes forget to take care of themselves to attend our next parent mindfulness workshop with Ms Alvarez - it can be the first step into more selfcare.

Student Council Update

This month, we have invited Ms Cade and Mr Benni into our meeting to discuss lunch and snack feedback and the children's proposal to save paper when washing their hands. Also, Ms Marzena has discussed with us the playground initiative and the next steps.

Mindful Parents

Lauren Alvarez will be hosting another mindfulness session for parents on Friday, 10th of February at 8.30am in the EY Big Nap Room. If you will be joining, please fill out the sign up [form](#).



From the EY & Primary Library



We are very excited that our Kindergarten students are now checking out one library book each week to take home. This book should be returned the following week. To protect the books, we kindly ask that each student brings a small cloth bag or shopping bag to carry the books from home to the library each week. We hope that you enjoy sharing these books at home with your child and would like to remind you that families can use the library each Tuesday morning, 8.30 - 9.15 to borrow up to 5 books. You can sign up for library membership [here](#). If you have any questions about borrowing books or joining the library, please [contact our librarian Ms Vernon](#).

Game Afternoon in the Library



Starting 3rd March, we will open the library for parents every Friday from 14:00-15:30 to enjoy a "Game Afternoon" with their child/ren. Families can try out the games together and, afterwards, borrow the favourite game to play at home. [Here](#) you can find an overview of all the games and toys. On 17th February, Mr Fabian and Ms Vernon are inviting interested families to our very first "Game Afternoon" with some refreshments. Parents can pick up their child from class between 14:00-15:30 to join in - please inform your child's teachers!

REMINDER Transition to G1 Parent Info Evening 28.02.23

All TR parents are invited to attend an informative session with Mr Wragg, our Primary School Principal at 16:00 on Tuesday, 28th February in the cafeteria. During the meeting Mr Wragg will discuss Primary routines and curriculum.

REMINDER Sign up for the Parent Teacher Conferences - Transition and Kindergarten Phase 2

Below you can find the links to sign up for a time slot to speak to your child/ren's teachers

- [Kindergarten Butterflies](#) (Ms Anja Degirmenci, Ms Anastasia Politi & Ms Sandra Voss)
- [Kindergarten Frogs](#) (Ms Ivona Orgler, Ms Duygu Eichner, Ms Maria Riggio & Ms Laura Fink)
- [Kindergarten Ladybirds](#) (Ms Brenda Ketli, Ms Anna Reddig & Ms Marzena Kaczinski)
- [Kindergarten Turtles](#) (Ms Anja Brünler, Ms Kerry Wragg, Ms Irina Lechzer & Ms Lauren Alvarez)
- [Transition Bumblebees](#) (Ms Suaad Shami-Sengstmann & Ms Maike Boeff)
- [Transition Dragonflies](#) (Ms Tülin Batan & Ms Denise Heimlich-Kik)
- [Transition Fireflies](#) (Ms Miriam Clearman & Mr Ryan Halder)

Important Links & Forms

- [Electronic form for planned student absences](#) (for absences of more than 2 days)
- [EY Parent and Student Handbook](#)
- Sign up [Form](#) Voluntary Spit Test & [Form](#) to upload for test results

Looking Ahead

17.02.23	Class Faschings-Party
17.02.23	Game Afternoon Opening in the Library
20.-22.02.23	Fasching Holiday Programme
23.-24.02.23	Teacher Training - school closed
28.02.23	Transition to Grade 1 Parent Evening
Jan-Feb	Parent-Teacher Conferences KG2
Jan-Mar	Parent-Teacher Conferences TR
Mar-Apr	Parent Teacher Conferences KG1

REMINDER Fasching Holiday Programme Registration

If you would like to register your child for the Fasching Holiday Programme, from 20th-22nd February, please read the [registration letter](#) and use the links in the letter to register.





Primary School

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			26 Jan	27 Jan
			Bulletin	
30 Jan	31 Jan	01 Feb	02 Feb	03 Feb
Digital Citizenship Workshop for Students and Parents		Parent Rep Meeting Connect with MSF - Focus on Primary G7 Bake Sale		
06 Feb	07 Feb	08 Feb	09 Feb	10 Feb
G4B Bicycle Training	G4P Bicycle Training		Bulletin G4W Bicycle Training Bulletin	Full Report Deadline

**For regular after school sports practises, see dates and times listed below*



Message from Mr Wragg

As you will have seen earlier in this bulletin, we have an expert speaker coming into school to talk about the use of social media, smart phones, games devices, etc next week. I urge anyone who is able to come to the talk on Monday or the review on Wednesday morning, to do so. This is something that affects all our students in one way or another.

February is Kindness Month at MSF. We will have a number of special events and assemblies that will highlight the importance of kindness to others, yourself and the environment. More information about this will be sent in the next bulletin. Please take time to reflect with your children during this month about kindness in all its forms.

Attendance Excuses

If your child is sick or late, please add a note in the attendance section on Managebac. This should be done by 09:00 at the latest. Additionally, if there are changes to your child's pick routine, these should also be noted before 09:00.

Managebac

Please [click here](#) for some tips on how to use Managebac.

Transition from grade 4 to grade 5

May we kindly remind the grade 4 parents to [fill in the document](#) for the local school authorities regarding the transition to grade 5. This needs to be done by 12th February 2023. Explanations and annexes can be found [here](#).

Grade 4 Bicycle Training



As in the past years, the police department will give the Grade 4 students special cycling lessons. This will enable the students to learn all about the rules set out for a cyclist to be able to drive safely on the streets. The training will take place in the school parking lot. Students are encouraged to bring their own bicycles and helmets to the training. In case they are not able to bring these, the police officers will be able to provide a limited number as well. At the end of the 3 sessions each student will receive a certificate in cycling proficiency. Training will take place on the following dates:

G4B: 6th Feb, 15th March, 22nd May

G4P: 7th Feb, 16th March, 23rd May

G4W: 9th Feb, 17th March, 24th May

G2-5 Residential Trips

You will receive further information from your child's class teacher in the coming weeks.

Grade 2 Sleepover 1st June at MSF

Grade 3 14th-16th June Büdingen

Grade 4 30th May- 2nd June Festung Ehrenbreitstein

Grade 5 22nd - 26th May Hohe Fahrt am Edersee

Reports

Semester one reports will be published on Managebac during the afternoon of Friday, 17th February. Students will receive a signed paper summary of their report to take home. If you would like to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.

Parent Rep Meeting

Our next meeting will take place on **Wednesday, 1st February at 08:30** in the cafeteria. During the meeting we will be discussing the digital citizenship meeting and the form which is required for all G4 students. This meeting is open to all parents who would like to attend.

From the Primary Library

We start off our new term with some lovely new books in our print and digital libraries. You can browse the book lists here: [New Books in the Library](#) and [New books in Sora](#).

→ A reminder that parents can join our digital library, Sora, by filling in this [form](#).

Public Transport Commute Group (G4 & 5)

In order to encourage children to travel independently by Public Transportation in Grade 4 and 5, a Pilot Route in Westend/Nordend in the afternoon is being set up (with the objective to expand geographically if successful).

Once up and running, parents interested in having their child participate would be able to sign up on any given day after school (initially at 15:30 but later times could be organised based upon interest); children would meet at school and walk/scoot together to the S Bahn (Eschborn Süd) and then onto the Bus M32 (or other options depending on specific needs).

Please note that a parent volunteer would accompany the group the first few times but eventually the children would travel unattended; the responsibility therefore lies with each child individually: he/she obviously needs to know their way around but may feel more secure (and their parents too) knowing they are not alone on a large portion of the trip. Parents interested (in hearing more, in having their child participate, and/or in expressing interest in other routes) should reach out to [Clemence Schulenburg](#) (Deputy Parent Rep, 4B)



Tutoring

If you are looking for a tutor for your child please complete this [form](#). Please note that tutors are subject to availability, it is not guaranteed that we will be able to find someone to assist your child

Head Lice

It is the season of head lice, and while we take internal measures for head lice prevention it is crucial to follow school procedures to check your child's hair on a regular basis and report any cases of head lice to the office immediately. The best way to prevent head lice from spreading is to directly inform parents of close friends of your child and treat your child as directed on your chosen treatment.

Request for student leave of absence:

Please be sure to write a comment in ManageBac if your child is sick, late or unable to attend school. Spot checks and fines do take place at Frankfurt airport for unapproved student leave. Please ensure you submit any [requests for leave](#) to Mr Wragg, and note that most school-time requests for leave are unapproved.

Looking Ahead:

30.01.23	Digital Citizenship Meeting
02.23	Kindness Month
01.02.23	Parent Rep meeting
06.02.23	G4B Bicycle Training
07.02.23	G4P Bicycle Training
09.02.23	G4W Bicycle Training
17.02.23	Reports Issued
17.02.23	Carnival Parties
28.02.23	Transition to G1 Parent Info Session
20-22.02.23	Primary Closed For Carnival
23-24.02.23	Primary Closed For Teacher Training
15.03.23	G4B Bicycle Training
16.03.23	G4P Bicycle Training
17.03.23	G4W Bicycle Training
29.03.23	Parent Rep Meeting
03-14.04.23	Primary Closed For Spring Break
03.05.23	Parent Rep Meeting
22.05.23	G4 Bicycle Training
22-26.05.23	G5 Residential to Hohe Fahrt am Edersee
23.05.23	G4P Bicycle Training
24.05.23	G4W Bicycle Training
30.05-02.06.23	G4 Residential to Festung Ehrenbreitstein
01.06.23	G2 Sleepover
14-16.06.23	G3 Residential to Büdingen





Secondary School



Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			26 Jan	27 Jan
			● G10 Mock Exams ● G7-9, 11 Sem 1 Exams ● Bulletin ● 16:00 IB Info Evening for G9-10 Families	● G7-9, 11 Sem 1 Exams ● Last day of Semester 1
30 Jan	31 Jan	01 Feb	02 Feb	03 Feb
● Digital Citizenship Meeting with G4-6 Students ● 16:00 Digital Citizenship Info Evening for parents	● Digital Citizenship Meeting with G7-12 students	● G7 Bake Sale ● MS & HS Boys Basketball Home Game ● 18:00 MSF Job Information Night		
06 Feb	07 Feb	08 Feb	09 Feb	10 Feb
	● 16:00 HS Diploma and Opportunities Info Evening	● SEC Parent Rep Meeting	● Bulletin	

**For regular after school sports practises, see dates and times listed below*



Message from Dr. Coppes

We are just wrapping up Semester I exam week here at MSF. There is a lasting debate in the world of education regarding the merits of high-stakes testing and the impact on student outcomes and future performance. There are a number of interesting research studies which point to the effectiveness of age-appropriate pressure points throughout the entirety of a students' academic career. Our semester exams serve this purpose for our students. The key is to maintain the appropriate amount and not over-stress too early or too often.

A reminder that on Monday we are hosting Tanya Goodin to discuss how best to avoid over usage of technology and the downfalls of too much screen time. We hope to see you there!

Reports

Semester 1 reports will be published on Managebac during the afternoon of Friday, 17th February. Students will receive a signed paper summary of their report to take home. If you would like to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.

Exams Schedule

- 16.01. - 26.01.23: [Grade 10 IGCSE Mock Exams](#)
- 23.01. - 27.01.23: [Grade 7, 8, 9 and 11 Semester 1 Exams](#)
- 26.01. - 01.02.23: [Grade 6-9 Winter MAP Maths Test](#)

Important Dates for Grade 10 Students & Families

- 31.03.23 Last Day of Normal School hours for G10
- 17.04 - 25.04.23 Independent, at home exam prep (w/ the option to attend regular classes if arranged ahead of time with the teacher)
- 26.04 - 06.06.23 IGCSE Exams
- 12.06-16.06.23 IB Bootcamp on campus
- 16.06.23 IGCSE Textbook Return Deadline & Locker Cleanout
- 19.06-30.06.23 Work Experience
- 03.07-07.07.23 Trip Week
- 14.07.23 Last Day of School

MSF Job Information Night (01.02.23)

On February 1, 2023, MSF will be holding its first ever Job Information Night for our Grade 9-12 students! We are hosting over thirty five Friends of MSF who have volunteered to talk with our students about their various professions. Please log into ManageBac and read [this message from Ms Oelkers](#) to find out more about the Job Information Night!

Parent Rep Meeting on 08.02.23

The next Secondary Parent Representatives Meeting will take place on Wednesday, 8th February. Please let your class parent representative know if there are any issues which you would like to be discussed.

From the IB Corner

- [Grade 9 and 10 - IB information evening](#) → Please note that the IB Diploma information evening will take place on Thursday, **26th January 2023 at 16:00 in the Commons.**
- **Grade 9 and 10 - High School diploma evening** → On the **7th of February** a similar evening will happen specifically to introduce the High School Diploma, at **16:00 in H02.12**
- **G10 and G12:** Due to the low interest in Lanterna Math and Science revision Courses, **the February offer is cancelled.**
- **Whole Secondary:** If you are looking for a Physics or Math tutor, do not hesitate to [contact Seibin](#). Seibin is a strong IB student taking Science and Math at a Higher level. She is patient and an excellent tutor.

Semester II SEC Clubs

Semester II clubs will start on Monday, 30th January, the first week of Semester II! Students can sign up for semester II clubs until Friday, 3rd February.

MSF Kindness Month

In February, we will be celebrating Kindness Month across the entire school. Students will be exploring what kindness truly means throughout this month. Part of the celebrations include a spirit week during the week of 13th -17th February. Themes:

- **Mon, 13 Feb:** Dream About Kindness - Wear your pyjamas.
- **Tue, 14 Feb:** Random Acts of Kindness Day - Wear random clothing! Mismatched patterns, two different shoes, your clothes backwards, or any other random things!
- **Wed, 15 Feb:** Team of Kindness (EY: Wear your voted colour, PRI: Wear your house colour, SEC: Wear your grade level colour)
- **Thu, 16 Feb:** Kindness Ties Us Together - Wear a tie or bow tie.
- **Fri, 17 Feb:** Parade of Kindness - Wear your Fasching costume or your MSF Kindness t-shirt (link to purchase below).

We will also be selling a special edition 2023 **Kindness Month T-Shirt** to wear during Spirit Week! [Click here to purchase.](#)

Secondary Sports

MSF had 2 Basketball games against ISF on Wednesday (25.01.23) and our Middle School Foxes came away with an impressive Win 22-16 🍌

We had some trouble in the beginning with finding confidence, but Federico got us back in the game with his awesome shooting. Julien was also on point with excellent defence.

Our Senior boys also put up a fantastic fight, but fell just short this time. They'll be back stronger when ISF comes to us next week! All supporters are welcome to cheer us on!

GO FOXES!

From our SOS Department

Dear parents, please find [here](#) a series of great books and readings.

IB website

Dear MSF community, We are Letizia and Shirin, MSF Grade 12 students. For our CAS project we have developed an IB website for future IB students who want insight into the IB diploma or need help with finding study methods and materials. Here is the [link to our website](#).

Looking Ahead

23-27.01.23 G7-9, 11 Sem I Exams

26.01-01.02.23 G6-9 Winter MAP Maths Test

26.01.23 16:00-18:00 IB Info Evening @ Commons

27.01.23 Last day of Sem I

30.01.23 16:00 Digital Citizenship Info Evening

30.-31.01.23 Digital Citizenship Workshop for students

07.02.23 16:00 High School Diploma Info Evening

08.02.23 SEC Parent Rep Meeting

15.02.23 SEC Assembly

17.02.23 Sem I Reports Published

20-22.02.23 Secondary Closed For Carnival Break

23-24.02.23 Secondary Closed For Teacher Training

01.03.23 16:00 IB Arts Exhibition 2023

06.-10.03.23 IB/IGCSE Orals

15.03.23 Sem II SEC Parent-Teacher Conferences





School Website: www.m-school.de

Login for the Parent Zone (password: inspiration20)

Managebac Guide: Please [click here](#) for some tips on how to use Managebac.

ManageBac Login: [Attendance System](#) and [Messages to Parents](#)

Parent & Student Handbook:

[General](#) Handbook / [EY](#) Handbook / [PRI](#) Handbook / [SEC](#) Handbook

School Forms: <https://m-school.de/community/parent-zone/msf-forms-handbook/>

MSF School Calendar (Public) and MSF Google School Event Calendar: Our school calendar for a convenient overview as well as our detailed event calendar, showing activities and special events can be found on our [website](#).

Infectious Diseases: Please see this useful [website](#) about infectious diseases. You can download the information in other languages as well. English is definitely included.

Some workshops that might be interesting: They are mostly in German, but maybe you can still find something that is fitting for you. Please have a look [here](#). There is also one called “[Starke Eltern, starke Kinder](#)” (0-10 year olds).

Baby Sitting Service

We, Paul Neeb and Kristen Weigt, are running a babysitting service here at MSF as our CAS project. Our babysitters will be educated by Deutsches Rotes Kreuz, receiving a first aid course. If you are interested in a babysitter for your child, feel free to fill out our [registration form](#). Please do not hesitate in [contacting us](#) if you have any questions.