



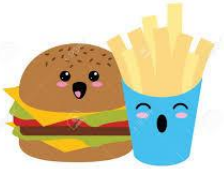


**Menu for Early Years**

KW 06	Standard Menu	Vegetarian / Vegan Menu
<b>Mon</b> 	Salad variations  Ravioli with tomato-Mozzarella sauce <b>a, a1, g</b>  Fresh seasonal fruit	Salad variations  Ravioli with spinach, basil and cherry tomatoes <b>a, a1, c, g</b>  Fresh seasonal fruit
<b>Tue</b> 	Salad variations  Beef Goulash with mashed potatoes and broccoli <b>g</b>  Strawberry yogurt <b>g</b>	Salad variations  Grilled parmesan Brussels sprouts and mushrooms with mashed sweet potatoes <b>a, a1, g</b>  Strawberry yogurt <b>g</b>
<b>Wed</b> 	Salad variations  Asian fried rice with vegetables and chicken <b>f</b>  Fresh seasonal fruit	Salad variations  Asian fried rice with vegetables and egg <b>c, f</b>  Fresh seasonal fruit
<b>Thu</b> 	Salad variations  Red lentil stew with garlic naan bread <b>a, a1</b>  Kaiserschmarren with apple sauce <b>a, a1</b>	Salad variations  Gnocchi au gratin with a creamy red sauce <b>a, a1, c, g</b>  Kaiserschmarren with apple sauce <b>a, a1</b>
<b>Fri</b> 	Salad variations  Cheeseburger with homemade sauce, iceberg salad, tomato, cucumber and oven fries <b>a, a1, g</b>  Fresh seasonal fruit	Salad variations  Bean burger with homemade sauce, iceberg salad, tomato, cucumber and oven fries <b>a, a1, g</b>  Fresh seasonal fruit



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten  
a1 contains wheat  
a2 contains rye  
a3 contains barley  
a4 contains oats  
a5 contains spelt  
a6 contains kamut  
b contains crustaceans  
c contains eggs

d contains fish  
e contains peanut  
f contains soy  
g contains milk and milk products  
h contains nuts  
h1 contains almond  
h2 contains hazelnut  
h3 contains walnut  
h4 contains cashew nut

h5 contains pecan  
h6 contains Brazil nut  
h7 contains pistachio  
h8 contains macadamia nut  
i contains celery  
j contains mustard  
k contains sesame  
l contains sulphur dioxide  
m contains lupine  
n contains molluscs