

KW 06	Salat Bar Selection	Standard Menu	Vegetarian / Vegan Menu
Mon	Couscous salad, tomato, carrot, pepper, beetroot, green salad, cabbage, cheese, corn, tuna, olives Dressings: yoghurt, Italian, balsamic vinegar, American, mango-curry	Ravioli with tomato-Mozzarella sauce a, a1, g Fresh seasonal fruit	Ravioli with spinach, basil and cherry tomatoes a, a1, c, g Fresh seasonal fruit
Tue	Chickpea salad, tomato, carrot, pepper, beetroot, green salad, cabbage, cheese, corn, tuna, olives Dressings: yoghurt, Italian, balsamic vinegar, American, mango-curry	Beef Goulash with mashed potatoes and broccoli g Strawberry yogurt g	Grilled parmesan Brussels sprouts and mushrooms with mashed sweet potatoes a, a1, g Strawberry yogurt g
Wed	Bulgur salad, tomato, carrot, pepper, beetroot, green salad, cabbage, cheese, corn, tuna, olives Dressings: yoghurt, Italian, balsamic vinegar, American, mango-curry	Asian fried rice with vegetables and chicken f Fresh seasonal fruit	Asian fried rice with vegetables and egg c, f Fresh seasonal fruit
Thu	Lentil salad, tomato, carrot, pepper, beetroot, green salad, cabbage, cheese, corn, tuna, olives Dressings: yoghurt, Italian, balsamic vinegar, American, mango-curry	Red lentil stew with garlic naan bread a, a1 Kaiserschmarren with apple sauce a, a1	Gnocchi au gratin with a creamy red sauce a, a1, c, g Kaiserschmarren with apple sauce a, a1
Fri	Quinoa salad, tomato, carrot, pepper, beetroot, green salad, cabbage, cheese, corn, tuna, olives Dressings: yoghurt, Italian, balsamic vinegar, American, mango-curry	Cheeseburger with homemade sauce, iceberg salad, tomato, cucumber and oven fries a, a1, g Fresh seasonal fruit	Bean burger with homemade sauce, iceberg salad, tomato, cucumber and oven fries a, a1, g Fresh seasonal fruit



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs