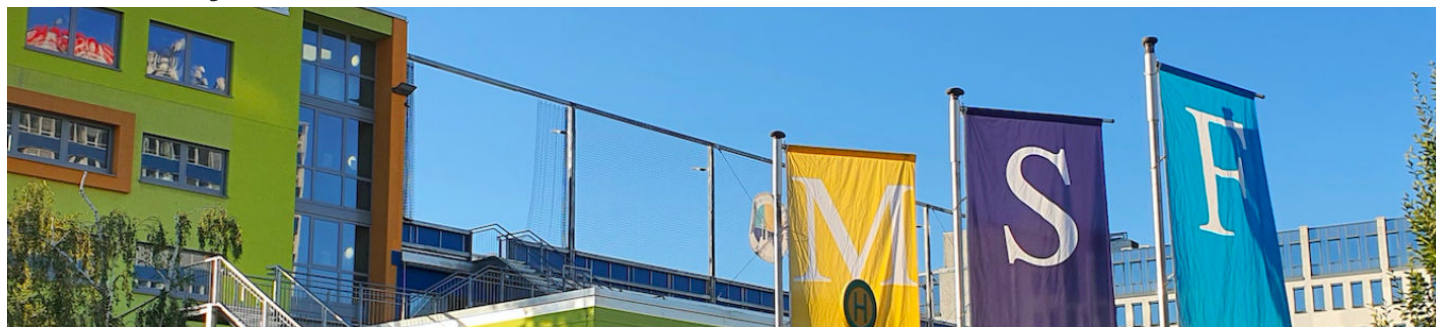


9th February 2023



Whole School Announcements

Events

MSF Kindness Month

In February, we will be celebrating Kindness Month across the entire school. Students will be exploring what kindness truly means throughout this month.

- **Mon, 13 Feb:** Dream About Kindness - Wear your pyjamas.
- **Tue, 14 Feb:** Random Acts of Kindness Day - Wear random clothing! Mismatched patterns, two different shoes, your clothes backwards, or any other random things!
- **Wed, 15 Feb:** Team of Kindness (EY: Wear your voted colour, PRI: Wear your house colour, SEC: Wear your grade level colour)
- **Thu, 16 Feb:** Kindness Ties Us Together - Wear a tie or bow tie.
- **Fri, 17 Feb:** Parade of Kindness - Wear your Fasching costume or your MSF Kindness t-shirt



⇒ We will also be selling a special edition 2023 Kindness Month **T-Shirt** to wear during Spirit Week! [Click here to purchase.](#)

The Turkish Community of MSF Seeks Your Help

For survivors of the massive earthquakes in southeastern Turkey, please consider a **donation** (of any size) to help those in need. We have listed organisations [here](#).

Please be also informed that the Bake Sale proceeds will be donated to this effort:

Bake Sale on 15.02.23, 15:00 - 16:45



Welcoming Committee: Coffee Morning for New Families (17.02.23)

Welcome to MSF! We warmly invite you to our coffee morning for MSF families on 17th February 2023. The event will take place in the school cafeteria from 08:30 to 09:45. This will be an occasion to get to know the new families who joined MSF during the current school year, to introduce the Welcoming Committee, the Friends of Metropolitan, our Parent Head Representatives and the MSF Leadership Team.



Seminar for MSF Parents: "Learning from Mistakes" by Mr King (27.02.23)

ATL (Approaches to Learning) are skills designed to enable students in the IB to "learn how to learn." Mr Lance King, the designer of this groundbreaking framework, will host a **parent seminar on MSF campus on Monday, 27th February 2023 from 16:00 in the Secondary Commons**. This seminar will delve into the art of "failing well" - focusing on learning from mistakes in order to become stronger and more resilient. It is open to all parents of MSF, but more focused on SEC. If you are interested in joining us, [please RSVP](#).



Event: Girls' soccer at TURA Niederh ochstadt (04.03.23)

All girls from Niederh ochstadt and the surrounding area are cordially invited to a trial day (soccer training) for girls only on Saturday, 04.03.2023 (girls aged 7 to 12 years meet from 10:00 to 13:00).

Location: In the gym of the Westerbach School. Georg-B chner-Stra e, corner M hlstra e.

Meeting point: At the entrance to the gym, 30 min before the start of training

Prior registration at bender.olaf@outlook.com or phone 0152 01918004 is mandatory.



General Information

Earthquake in Türkiye/Syria

We express our heartfelt sympathy for all families affected by the catastrophic events in south-east Türkiye and northern Syria. The MSF parent representatives will contact you with regards to support initiatives in support of rescue organisations on the ground in Türkiye. Our school counsellors and / or psychologists are available to staff, parents and our students. Please get in touch with them if you need advice or support. Meanwhile our thoughts remain with everybody affected by the earthquake.

Growth Mindset with Alexandra Eidens

Our exclusive interview with the Founder of Big Life Journal Aleandra Eidens on how to help your child to promote a growth mindset is now available for [watching online](#).

Car Pooling

We want to start with something new: We want to ask parents (who are interested in car pooling) to connect with each other via an interactive map. Parents will receive a link and can add their location, if interested. This is to avoid the data protection restrictions. → Please have a look at [this guide](#).



Action required! Please complete forms

EY forms

- **Voluntary Spit tests sign up:** Please use this [Form](#) if you wish to do voluntary covid testing at home, and this [Form](#) to upload your test results.
- **Fasching Holiday Programme Registration:** If you would like to register your child for the Fasching Holiday Programme, from 20th-22nd February, please [register here](#).
- **REMINDER: Health in the Early Years:** Please complete this [quick 3 question survey](#).
- **REMINDER Mindful Parents:** Lauren Alvarez will host another mindfulness session for parents on Friday, 10th February at 8.30am. To join, please fill out the sign up [form](#).

PRI forms

- **G4 parents only:** Don't forget to [fill in the document](#) for the local school authorities, deadline 12.02.2023.
- **Reports** to receive a paper copy of your child's full report please complete this [form](#), deadline 10.02.2023
- **Voluntary student covid testing sign up for PRI and SEC:** If you wish your child to do voluntary covid testing at home, please fill in the [voluntary student covid testing form](#), deadline to sign up is Monday, 08:00.

SEC forms

- **Reports** to receive a paper copy of your child's full report please complete this [form](#), deadline 10.02.2023
- **Voluntary student covid testing sign up for PRI and SEC:** If you wish your child to do voluntary covid testing at home, please fill in the [voluntary student covid testing form](#), deadline to sign up is Monday, 08:00.

STAY UPDATED:



Early Years



Primary School



Secondary School



Early Years

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			09 Feb	10 Feb
			Bulletin	Mindfulness Session for Parents
13 Feb	14 Feb	15 Feb	16 Feb	17 Feb
Kindness week activities KGF Excursion to Orthodontist		EY Assembly G6 Bake Sale		Class Fasching parties Game Afternoon Opening in the Library Coffee Morning for New Families
20 - 22 Feb: Holiday Programme			23 - 24 Feb: School closed	
27 Feb	28 Feb	01 Mar	02 Mar	03 Mar
100th Day of School (TR)	TR to Grade 1 Info Evening	EY Coffee Morning	KGL/F Excursion to Heidinger Bakery	
06 Mar	07 Mar	08 Mar	09 Mar	10 Mar
			Bulletin	EY Parent Rep Meeting

Message from Ms Henkel



In our last parent rep meeting we talked about our definition of Health and what makes us happy, healthy and gives us strength. We agreed that when parents are exhausted or worried, everyday family life can also be very stressful. Sometimes simple things can help to get through such times better. This amazing [website](#) (German, please use a translation programme) provides various ideas that can help families to cope well with smaller and larger crises.

REMINDER Mindful Parents

Lauren Alvarez will be hosting another mindfulness session for parents on Friday, 10th of February at 8.30am in the EY Big Nap Room. If you will be joining, please fill out the sign up [form](#).



REMINDER Game Afternoon in the Library

On 17th February, Mr Fabian and Ms Vernon are inviting interested families to our very first "Game Afternoon" with refreshments. Parents can simply pick up their child from class between 14:00-15:30 to join in - please inform your child's teachers!



Coffee Morning 01.03.2023 @ 08:45-09:45 - Meet Speech and Language Therapist Ms Blanca Schäfer



Speech & Language Therapist Ms Blanca Schäfer will host a coffee morning with a focus on "Multilingualism" and introduce herself to the families. She is able to offer her services as private Speech and Language Therapist to Early Years and lower Primary students on site. Please register [here](#) if you are interested in attending on the first of March 2023 @ 8:45 - the location will be confirmed.

REMINDER Transition to G1 Parent Info Evening 28.02.23

All TR parents are invited to attend an informative session with Mr Wragg, our Primary School Principal at 16:00 on Tuesday, 28th February in the cafeteria. During the meeting Mr Wragg will discuss Primary routines and curriculum.

Fasching Holiday Programme Information

If you have registered your child for the Holiday Programme, please read the [parent letter](#) for more details.

Sign up for the Parent Teacher Conferences - KG Phase 1

Below you can find the links to sign up for a time slot to speak to your child/ren's teachers

- [Kindergarten Butterflies](#) (Ms Anja Degirmenci, Ms Anastasia Politi & Ms Sandra Voss)
- [Kindergarten Frogs](#) (Ms Ivona Orgler, Ms Duygu Eichner, Ms Maria Riggio & Ms Laura Fink)
- [Kindergarten Ladybirds](#) (Ms Brenda Ket, Ms Anna Reddig & Ms Marzena Kaczinski)
- [Kindergarten Turtles](#) (Ms Anja Brünler, Ms Kerry Wragg, Ms Irina Lechzer & Ms Lauren Alvarez)

From the EY and Primary Library

We've been busy adding new and donated books to our Early Years and Primary collections, and you can find all the new titles for this month here: [Early Years Books](#) and [Primary Books](#). We always welcome book donations to the library, and would be especially grateful for any Japanese or Korean titles that families may have finished reading and are ready to pass on to a new home!

A reminder to families that you can visit the library every Tuesday morning from 08:30 -09:15 to borrow and return books.



Important Links & Forms

- [Electronic form for planned student absences](#) (for absences of more than 2 days)
- [EY Parent and Student Handbook](#)
- Sign up [Form](#) Voluntary Spit Test & [Form](#) to upload for test results

Looking Ahead

16.03.23	KGT & KGB Excursion to Heidinger Bakery
22.03.23	KGT & KGL Bake Sale
26.03.23	Earth Hour
30./31.03.23	Easter Bunny Hunt
03-14.04.23	Spring Holiday Programme
28.04.23	EY Parent rep Meeting
Jan-Mar	Parent-Teacher Conferences TR
Mar-Apr	Parent Teacher Conferences KG1
Mar	Book Week - date to be confirmed





Primary School

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			09 Feb	10 Feb
			Bulletin G4W Bicycle Training G1 Field Trip to Van Gogh Alive Expo Frankfurt	Full Report Deadline
13 Feb	14 Feb	15 Feb	16 Feb	17 Feb
Kindness week activities Q3/Semester 2 clubs begin		G6 Bake Sale	Junior Foxes vs FIS - basketball friendly	Reports Issued Carnival Parties Coffee Morning for New Families
20 - 22 Feb: Holiday Programme			23 - 24 Feb: School closed	
27 Feb	28 Feb	01 Mar	02 Mar	03 Mar
	Transition to G1 Parent Info Session			
06 Mar	07 Mar	08 Mar	09 Mar	10 Mar
			Bulletin	

**For regular after school sports practises, see dates and times listed below*



Message from Mr Wragg

We are going through a small period of change at the moment, with two teachers leaving on maternity and medical leave, on short notice and a number of new students joining the school. As an international school we are well practised at managing change and I am very happy with our two newly appointed teachers, who will join us before the end of February. We are very happy to have welcomed our new students and I am really proud of how our current students have looked after them and helped them settle in. Many of us know what it is like to move to a new city and start a new job or school, the people that greet you make a huge difference and shape the way you view your new start. We are celebrating Kindness as a whole school at the moment and we have certainly seen the kindness of our student body in making the new students feel at home. Planning for future changes, it would be very helpful if you could let Chris Kroll, in Admissions (kroll@msf.education) know if you are already aware that you will be leaving in the summer, the earlier we know, the easier it is to manage.

Transition from grade 4 to grade 5

May we kindly remind the grade 4 parents to [fill in the document](#) for the local school authorities regarding the transition to grade 5. This needs to be done by 12th February 2023. Explanations and annexes can be found [here](#).

Reports

Semester one reports will be published on Managebac during the afternoon of Friday, 17th February. Students will receive a signed paper summary of their report to take home. If you would like to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.

Attendance Excuses

If your child is sick or late, please add a note in the attendance section on Managebac. This should be done by 09:00 at the latest. Additionally, if there are changes to your child's pick routine, these should also be noted before 09:00.

Junior Foxes vs FIS - basketball game 16.02.23

On Thursday, 16th February we will be hosting the FIS Junior Warriors for our first Primary basketball competition.



We would love to have as many spectators as possible, so please come along and cheer for our Grade 3-5 boys and girls. The game will be held in the Sports Hall and will begin at 15:30. We wish all competitors the very best....GO FOXES!!!

Coffee Morning 01.03.2023 @ 08:45-09:45

Speech & Language Therapist Ms Blanca Schäfer will host a coffee morning with a focus on "Multilingualism" and introduce herself to the families. She is able to offer her services as private Speech and Language Therapist to Early Years and lower Primary students on site. [Please register here](#), if you are interested in attending on the **first of March 2023 @ 8:45** - the location will be confirmed.



Parent Rep Meeting 29.04.23

Please view the minutes from our last meeting [here](#). Our next meeting will **take place on 29th March**.

PRI Afterschool Clubs and Athletics offerings

Quarter 2/Semester 1 Afterschool Clubs and athletics offerings come to an end this week and we begin with **Quarter 3/Semester 2 on Monday, 13th February**. Please remind your child to wear appropriate clothing and footwear if they are attending an athletics club. As always, teachers will support younger students (or those in need) with finding their appropriate room and reminding them of which clubs take place on which day. If you are on a waiting list, please feel free to check in next week to see if a place has become available.

From the EY and PRI Library

We've been busy adding new and donated books to our Early Years and Primary collections, and you can find all the new titles for this month here: [Early Years Books](#) and [Primary Books](#). We always welcome book donations to the library, and would be especially grateful for any Japanese or Korean titles that families may have finished reading and are ready to pass on to a new home!

A reminder to families that you can visit the library every Tuesday morning from 08:30 -09:15 to borrow and return books.

Public Transport Commute Group (G4 & 5)

In order to encourage children to travel independently by Public Transportation in G4 and G5, a Pilot Route in Westend/Nordend in the afternoon is being set up.



Once running, parents can sign up their child on any day after school; children would meet at school and go together. Please note that a parent volunteer would accompany the group the first few times but eventually the children would travel unattended; the responsibility therefore lies with each child individually: Parents interested should reach out to [Clemence Schulenburg](#) (Deputy Parent Rep, 4B)

Tutoring

If you are looking for a tutor for your child please complete this [form](#). Please note that tutors are subject to availability, it is not guaranteed that we will be able to find someone to assist your child

Head Lice

It is the season of head lice, and while we take internal measures for head lice prevention it is crucial to follow school procedures to check your child's hair on a regular basis and report any cases of head lice to the office immediately. The best way to prevent head lice from spreading is to directly inform parents of close friends of your child and treat your child as directed on your chosen treatment.

Managebac

Please [click here](#) for some tips on how to use Managebac.

Request for student leave of absence:

Please be sure to write a comment in ManageBac if your child is sick, late or unable to attend school. Spot checks and fines do take place at Frankfurt airport for unapproved student leave. Please ensure you submit any [requests for leave](#) to Mr Wragg, and note that most school-time requests for leave are unapproved.

Looking Ahead:

09.02.23	G4W Bicycle Training
09.02.23	G1 Field Trip To Van Gogh Alive Expo
17.02.23	Reports Issued
17.02.23	Carnival Parties
20-22.02.23	Primary Closed For Carnival
23-24.02.23	Primary Closed For Teacher Training
28.02.23	Transition to G1 Parent Info Session
15.03.23	G4B Bicycle Training
16.03.23	G4P Bicycle Training
17.03.23	G4W Bicycle Training
27-31.03.23	Parent - Teacher Conferences
29.03.23	Parent Rep Meeting
03-14.04.23	Primary Closed For Spring Break
03.05.23	Parent Rep Meeting
22.05.23	G4 Bicycle Training
22-26.05.23	G5 Residential to Hohe Fahrt am Edersee
23.05.23	G4P Bicycle Training
24.05.23	G4W Bicycle Training



Secondary School



Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			09 Feb	10 Feb
			Bulletin	
13 Feb	14 Feb	15 Feb	16 Feb	17 Feb
Kindness week activities	Basketball Away Matches: G6-8 Girls & Boys vs. FIS Wiesbaden	SEC Assembly		Reports Issued Coffee Morning for New Families
20 - 22 Feb: SEC Closed For Carnival Break			23 - 24 Feb: SEC Closed For Teacher Training	
27 Feb	28 Feb	01 Mar	02 Mar	03 Mar
Lance King Student & Parent Seminars (RSVP)	Deadline: G10 IB Course Selection Form	16:30 IB/IGCSE Arts Exhibition		Badminton Home Match vs ISF
06 Mar	07 Mar	08 Mar	09 Mar	10 Mar
6th - 10th March: IB / IGCSE Orals			Bulletin	

**For regular after school sports practises, see dates and times listed below*

Message from Dr. Coppes

✉ This week, I met with the Parent Reps and shared our 3-in-1 approach to hosting guest speakers at MSF. Our aim this year was to ensure the highest degree of impact whenever we hosted an external expert on campus. In order to achieve this, we created opportunities for students, parents and teachers to engage with our experts. In November, we hosted MindYourHealth to discuss the importance of mental health and wellbeing. We recently hosted Tanya Goodin, an expert in digital citizenship. In late February, we are hosting Lance King who will meet with teachers for two full days of professional development around the IB Approaches to Teaching & Learning. He will also lead student workshops in grades 10 and 12 in preparation for their upcoming IGCSE & IB exams. A parent information session will be held with a focus on resilience and failing well.

Please share your thoughts with your respective Parent Rep regarding the effectiveness and appropriateness of each of these talks. We would love to know other areas of interest for parents for the coming months and the 2023/24 school year.

Reports

Semester 1 reports will be published on Managebac during the afternoon of Friday, 17th February. Students will receive a signed paper summary of their report to take home. If you would like to receive a paper copy of your child's full report please complete this [form](#) by Friday, 10th February.

Important Dates for Grade 10 Students & Families

- 31.03.23 Last Day of Normal School hours for G10
- 17.04 - 25.04.23 Independent, at home exam prep (w/ the option to attend regular classes if arranged ahead of time with the teacher)
- 26.04 - 06.06.23 IGCSE Exams
- 12.06-16.06.23 IB Bootcamp on campus
- 16.06.23 IGCSE Textbook Return Deadline & Locker Cleanout
- 19.06-30.06.23 Work Experience
- 03.07-07.07.23 Trip Week
- 14.07.23 Last Day of School

From the IB Corner

- **Link:** [Official IB exam calendar for May 2023](#)
- **Info:** The Elite IB revision course on site has been cancelled due to poor interest
- **Whole Secondary:** If you are looking for a Physics or Math tutor, do not hesitate to [contact Seibin](#). Seibin is a strong IB student taking Science and Math at a Higher level. She is patient and an excellent tutor.
- **IB DP Info Evening - Presentation & IB Course Selection Form:** Dear G9 + G10 parents, A big thank you to all who took part in our IB information evening on 26th January. I would also like to extend my gratitude to the stars of the show; our current IB students, our alumni and Tim Hoffmann. Please find attached [my presentation](#) and Tim Hoffmann's presentation on "[After the IB - Universities & Careers](#)"
 - **For G10s only:** In the presentation, you will find the link to my COURSE SELECTION FORM. The process of choosing your IB subjects well is a lengthy and delicate one, therefore I invite you to meet with your teachers, your Career Guidance Counsellor, previous IB students and myself to clarify your last concerns. Please hand in your form **before the end of Feb.** Find as well, the plethora of IB resources and helpful tips published by EliteIB on their [website](#). I hope you found the answers to your questions. If you still have uncertainties, [please email me](#).
- **High School Diploma Info Evening:** Over 60 parents attended the HS Diploma Info Evening hosted on 7th Feb. Big thank you to all of those who attended the event! If you were unable to make it to the event, please click here to view [Ms Oelkers's presentation](#) and the [High School Diploma Options in Europe](#).

MSF 15% Discount to Lanterna Spring Courses

To all DP2 parents, please be informed that Lanterna is offering a [discount on spring courses](#) for the upcoming May IB exams.

IB ARTS EXHIBITION 01.03.23

IB Arts Students (Theatre, Music, Visual Arts) invite you to view & experience their 2023 graduation work. The event will be held on Wednesday, 1st March 16.30 -18.30 Uhr in the Commons (SEC building, on the 2nd floor). This is a High School Event.



Sem 2 Parent-Teacher Conferences 15.03.23

The Semester 2 Parent-teacher conferences are scheduled for Wednesday, 15th March. **There will be no classes for students on conference day.** Registration links for conferences will be shared with parents in the next issue of MSF Bulletin.

Secondary Sports

BASKETBALL

Our Grade 6-8 girls came very close to winning their first game this season against FIS Wiesbaden in a tight battle ending 22-20. It was a fantastic team effort by all girls with a special effort from Isha Gandhi with a total of 14 points! Our boys teams had games against ISF on Wednesday, 31st Jan. and our Grade 6-8s came away with their second successive win 🏆 Federico Marsala was once again on fire with his awesome shooting.

Our Senior boys had a very close game that went right down to the final second of play! Unfortunately ISF just managed to take the win ON the final buzzer! The atmosphere has been fantastic with plenty of home support for our teams!

HOME GAMES - Grade 6-8 Boys AND Grade 9-12 Boys vs. FIS Oberursel Wednesday, 8th Feb at 16:50.

AWAY GAMES - Grade 6-8 Girls AND Grade 6-8 Boys vs. FIS Wiesbaden on 14th Feb.

BADMINTON

We have a competition team that has been practising hard and are ready for their first matches.

HOME MATCHES vs. ISF Friday, 3rd March

GO FOXES!



Parent Rep Meeting Minutes

Please click [here](#) to view the minutes from the last Secondary Parent Representatives Meeting with Dr Coppes and Ms Dodd. The next SEC Parent Rep Meeting will take place on Wednesday, 22nd March 2022. Please let [your representative](#) know any issues which you would like to be discussed on your behalf.

From our SOS Department

[A UNESCO Podcast](#) on the importance of relationships, connectedness and attachment to young people's wellbeing – a European conversation

Looking Ahead

15.02.23 SEC Assembly
17.02.23 Sem I Reports Published
20-22.02.23 Secondary Closed For Carnival Break
23-24.02.23 Secondary Closed For Teacher Training
27.02.23 Lance King ATL Student Seminar
27.02.23 16:00 Lance King ATL Parent Seminar
28.02.23 G10 - IB Course Selection Form Deadline
01.03.23 16:00 IB Arts Exhibition 2023
06.-10.03.23 IB/IGCSE Orals
15.03.23 Sem II SEC Parent-Teacher Conferences
20.-31.03.23 G12 Mock Exams
22.03.23 SEC Parent Rep Meeting
22.03.23 SEC Assembly
31.03.23 G10 Last Day of School
26.04-06.06.23 IGCSE Exams
28.04-19.05.23 IB Exams
03.05.23 SEC Assembly
07.06.23 G12 Graduation Ceremony
12.-16.06.23 G10 Pre-IB Bootcamp
19.-30.06.23 G10 Job Experience





School Website: www.m-school.de

Login for the Parent Zone (password: inspiration20)

Managebac Guide: Please [click here](#) for some tips on how to use Managebac.

ManageBac Login: [Attendance System](#) and [Messages to Parents](#)

Parent & Student Handbook:

[General](#) Handbook / [EY](#) Handbook / [PRI](#) Handbook / [SEC](#) Handbook

School Forms: <https://m-school.de/community/parent-zone/msf-forms-handbook/>

MSF School Calendar (Public) and MSF Google School Event Calendar: Our school calendar for a convenient overview as well as our detailed event calendar, showing activities and special events can be found on our [website](#).

Infectious Diseases: Please see this useful [website](#) about infectious diseases. You can download the information in other languages as well. English is definitely included.

Some workshops that might be interesting: They are mostly in German, but maybe you can still find something that is fitting for you. Please have a look [here](#). There is also one called “[Starke Eltern, starke Kinder](#)” (0-10 year olds).

Baby Sitting Service

We, Paul Neeb and Kristen Weigt, are running a babysitting service here at MSF as our CAS project. Our babysitters will be educated by Deutsches Rotes Kreuz, receiving a first aid course. If you are interested in a babysitter for your child, feel free to fill out our [registration form](#). Please do not hesitate in [contacting us](#) if you have any questions.