






Menu for Early Years

KW 12	Standard Menu	Vegetarian / Vegan Menu
<p>Mon</p> 	<p>Salad variations</p> <p>Spaghetti Carbonara <b>a, a1, g</b></p> <p>Fresh seasonal fruit</p>	<p>Salad variations</p> <p>Spaghetti with cherry tomatoes, basil, olives and garlic olive oil <b>a, a1</b></p> <p>Fresh seasonal fruit</p>
<p>Tue</p> 	<p>Salad variations</p> <p>Kumpir with grilled chicken, green beans, corn, herb butter, sour cream, olives, broccoli and cheese <b>a, a1, g</b></p> <p>Strawberry yogurt <b>g</b></p>	<p>Salad variations</p> <p>Baked sweet potato with green beans, corn, herb butter, sour cream, broccoli and cheese <b>a, a1, g</b></p> <p>Strawberry yogurt <b>g</b></p>
<p>Wed</p> 	<p>Salad variations</p> <p>Köttbullar with rice, mixed vegetables and creamy sauce <b>a, a1, g</b></p> <p>Fresh seasonal fruit</p>	<p>Salad variations</p> <p>Cauliflower-carrot patty with black beans, rice and avocado salsa dip <b>a, a1, f</b></p> <p>Fresh seasonal fruit</p>
<p>Thu</p> 	<p>Salad variations</p> <p>Creamy tomato soup with cream fraiche and garlic bread <b>a, a1, g</b></p> <p>Kaiserschmarrn <b>g</b></p>	<p>Salad variations</p> <p>Minestrone soup with shell noodles and garlic bread <b>a, a1</b></p> <p>Kaiserschmarrn <b>g</b></p>
<p>Fri</p> 	<p>Salad variations</p> <p>Cheeseburger with tomatoes, onions, pickles and oven fries <b>a, a1, g, k</b></p> <p>Fresh seasonal fruit</p>	<p>Salad variations</p> <p>Vegan burger with tomatoes, onions, pickles and oven fries <b>a, a1, k</b></p> <p>Fresh seasonal fruit</p>



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs