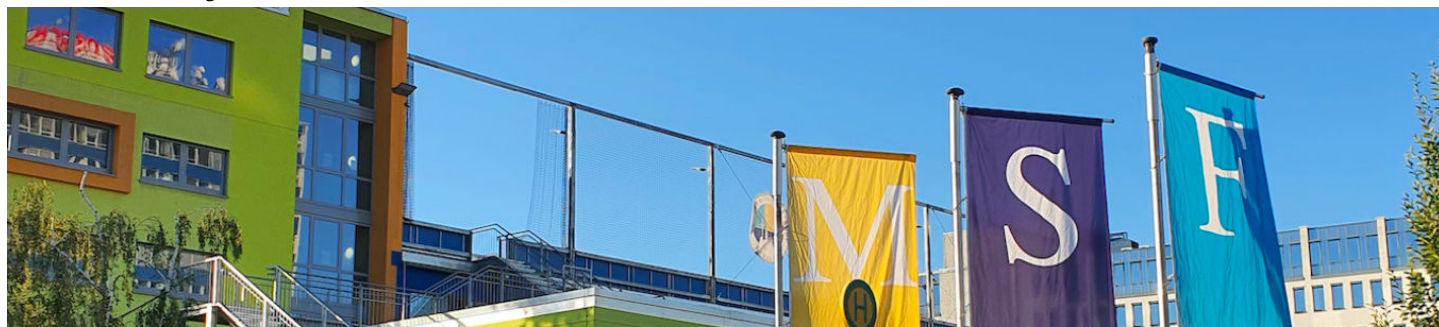


1st February 2024



Whole School Announcements

General Information

Save the Dates

Safely Digit@l: an MSF Parent initiative

Save the Dates for our inaugural digital awareness days from 05.02.24

Concerned about your young child wanting to own a smart device? Not willing to see them spending hours in front of a screen? Seeking to get better controls of the online activities of your growing children?

We all face similar challenges: wanting to protect our children, and acknowledging our responsibility – and possible liability! – for our kids' activities in the digital world, we often struggle with the realities. MSF's parent initiative **Safely Digit@l** set up its first awareness event to connect MSF parents and to share insights and useful information. The event consists of:

(1) Online parent info session especially targeted towards parents of younger children in TR and PRI - on **6th February 2024, 20:30 – 21:30**. Add the event to your [calendar](#)

and

(2) Parent-hosted awareness hours for MSF kids in Grades 1-5 ([volunteer sign up here](#))

Join the events and connect on how to raise healthy kids in the digital world!

More information on the Safely Digit@l initiative on its [Infosite](#).

Parent Coffee Sessions with Guest Speaker Dr. Elizabeth Schroeder

Please save the dates for the 19th and 20th of February 2024 (after the Fasching break) for parent coffee sessions with Dr. Elizabeth Schroeder, an educator and trainer specialising in sex education from a multicultural lens. Learn more about her work at <http://drschrroe.com/>.

She will be hosting three separate sessions organised by age group. Please see the times and location below. To see what topics will be covered for each level, please see her [session descriptions](#). There will also be time available for questions and answers.

Transition - Grade 5: 8:30-10:00am on Monday 19th of February in the Cafeteria

Grade 6-8: 8:30-10:00am on Tuesday 20th of February in the Cafeteria

Grade 9-12: 17:00-18:30pm on Monday 19th of February in the Secondary Commons

We hope to see you there!



Night of the Arts: 28.02.24

Mark your calendars for the most inspirational evening of the year, Night of the Arts! On 28th February, we will be showcasing the talent and creativity of our students in all areas of the arts - music, dance, drama and the visual arts. We will celebrate the diverse artistic expression of our students, featuring live performances, visual arts displays, and the momentous IB Diploma Arts Exhibition.

More information will follow in the coming weeks. Night of the Arts, **28th February 16:00-20:00**

WeCo Needs You!

The Welcoming Committee needs you! As many of our cultural coordinators have children in higher grades, we would like to encourage MSF families with children in Early Years and early Primary to join the coffee morning on 2nd February. Please consider sharing your fresh perspective and cultural pride with our vibrant community by becoming a Cultural Coordinator. At present, we are looking for a new Indian Coordinator for next year, but new Coordinators are welcome for all languages.

Home Language Support - Can you help?

At MSF, we represent 55 different nationalities and a multitude of languages are spoken by our students. The Italian consulate has successfully run language classes on campus for students for a number of years now...perhaps there are other home languages that you would like to offer after school classes on campus for our students? If you are able to support such an initiative or know someone who can, please get in touch with [Mrs Francis](#). Let's get talking!

***We already have a parent volunteer to offer Russian language classes to PRI students with Russian as their home language. If you are interested in enrolling your child, please complete the expression of [interest form](#).

Calling All Volunteers for Job Information Night!

MSF will be hosting our Job Information Night on 5th March 2024. We are looking for ALL professions and degrees to volunteer to speak to our students. We welcome any and all experiences and expertise - even if you are not currently practising the profession or using your degree. Our students need to hear all the information they can on as many post high school options as possible.

On that night, we simply ask that you come and speak with students in a conversational and informal event in the sports hall. There will be no formal speaking or requirements. If you would like to participate, please sign up [here](#).

Please contact Kari Oelkers, SEC International University Guidance Counsellor, at oelkers@msf.education if you have any questions.

Events

WeCo Welcome Coffee Morning Friday 2nd February



When: 08:30 - 09:45
Where: MSF school cafeteria
About: Providing all new and existing families with necessary information about school and the occasion to meet Head Parents, principals and school leadership



Come have a chat and find out what's happening around school - looking forward to meeting you!

STAY UPDATED:



Early Years



Primary School



Secondary School



Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			01 February	02 February
			• Bulletin	
05 February	06 February	07 February	08 February	09 February
	• Safely Digit@l- Parent Info Evening			• Class Fasching-Party - Wear Your Costume to School!
12 - 14 Feb: Fasching Holiday Programme			15 - 16 Feb: School closed/Teacher Training	
19 February	20 February	21 February	22 February	23 February
			• Bulletin	
26 February	27 February	28 February	29 February	01 March
		• Night of the Arts		

Message from Ms Henkel & Ms Orgler



As parents, we are continuously reflecting on ourselves and our expectations, especially in the early mornings when everyone is still half-asleep.

After one of these mornings, I have - by coincidence - read about "The Undoing Effect of Positive Emotions". A little bit of research led me to the [study](#) (external link) of Barbara L. Fredrickson, Roberta A. Mancuso, Christine Branigan and Michele M. Tugade.

The undoing effect of positive emotions refers to their ability to counteract the physiological and psychological impact of negative emotions or stress. For parents of young children, this phenomenon is significant as it helps mitigate the challenges associated with parenting. Positive emotions, such as joy and love, act as stress reducers, enhancing overall well-being and mental health. The regular experience of positive emotions contributes to a more positive family environment and strengthens the parent-child bond. Additionally, these emotions foster effective coping mechanisms, allowing parents to approach the demands of child-rearing with resilience and adaptability. While parenting involves a spectrum of emotions, the undoing effect highlights the importance of cultivating positive emotional experiences to promote a balanced and healthy family dynamic. Seeking support when needed is crucial for managing stress and ensuring the well-being of both parents and children.

On Storypark, we have asked parents to share with us areas that they would like to learn more about or they would like a round table discussion with like-minded adults and experts. A forum to share, discuss and learn from each other.

We thank those parents who responded - the [form](#) is still open until Friday, 2nd February for the other parents to respond. The EY team will be organising the workshops and sharing information about these here in our bulletin.

UPDATE Educational Parent Workshops - Parent Info Evening "Safely Digit@l"

If you are interested in the topic of Digital Awareness, please be aware of the parent info session organised by an MSF Parent Initiative that is especially targeted towards parents of younger children in TR and PRI.

When: 6th February 2024, 20:30 – 21:30.

Where: Online

What: More detailed information can be found in the General Information section of the bulletin.

Parent Rep Meeting Minutes

Please find [attached](#) the minutes of our latest EY Parent Rep Meeting. The next meeting is on 7th March.

Fasching - Class - Parties

All Early Years classes will be celebrating the tradition of carnival, in Germany also known as Fasching. The carnival traditions of Frankfurt Rhine-Main are deeply rooted within the region. Known as the fifth season of the year, carnival is celebrated in great style until the beginning of lent, which lasts until Easter. The highlights of the carnival period – also known as Shrovetide – are the many parades and processions and [events for children](#) in and around Frankfurt.

With regards to the parties, please watch out for more information by your teachers on ManageBac and the sign up list for food!



FINAL Reminder: Registration for Fasching Holiday Programme

The registration for the Fasching holiday Programme (12th-14th February 2024) is open. The form will be open until 2nd February.

- [Kindergarten Butterflies/Turtles](#)
- [Kindergarten Frogs/Ladybirds](#)
- [Transition](#)

Developmental Milestone Meetings Kindergarten Phase 1

For families of our youngest learners (Phase1) the developmental milestone feedback meetings are taking place between the 8th April until the 3rd May. These meetings have a duration of 30 minutes and give you feedback on your child's development.

[KG Frogs](#) with Ms Eichner, Ms Madanhire, Ms Rippinger & Ms Homburg

[KG Butterflies](#) with Ms Anastasia, Ms Sandra and Ms Rimia

[KG Turtles](#) with Ms Anja, Ms Kerry, Ms Lauren & Ms Tanja

[KG Ladybirds](#) with Ms Marzena, Ms Brenda and Ms Reddig

Important Links & Forms

- [Electronic form for planned student absences](#) (for absences of more than 2 days)
- [EY Parent and Student Handbook](#)

Looking Ahead

05.03.24 MSF Job Information Night
07.03.24 Parent Rep Meeting
21.-22.03.24 Easter Bunny Hunt
25.03.-05.04.24 Spring Holiday Programme

Jan-Feb Parent-Teacher Conferences KG2
Feb-Mar Parent-Teacher Conferences TR
Apr Parent Teacher Conferences KG1





Primary School

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			01 February	02 February
			- Bulletin - Transition to Primary Presentation 08:30 - 09:30 Cafeteria	
05 February	06 February	07 February	08 February	09 February
		Primary Parent Rep Meeting 08:30 - 09:15 Cafeteria		Costume Parade - Cultural Assembly
12 - 14 Feb: Carnival Break			15 - 16 Feb: School closed/Teacher Training	
19 February	20 February	21 February	22 February	23 February
			Bulletin	
26 February	27 February	28 February	29 February	01 March
		Night of the Arts		



Message from Mr Wragg

How much screen time is the right amount, at what age should I let my child have a smartphone and what apps or social media should I let my child use, are all questions that our families face from EY to Secondary. There are a range of perspectives on this in our community and every family probably has a slightly different answer to each of these questions.

In the Primary school we have a curriculum that emphasises the importance of being a responsible digital citizen and our teachers both plan activities that support this and respond to student questions or incidents with interventions that help to bolster this learning. But what is a responsible digital citizen?

It is when a person uses the internet and all digital media in a legal, safe, ethical and responsible way. Responsible digital citizenship means:

- behaving lawfully – for example, it's a crime to hack, steal, illegally download or cause damage to other people's work, identity or property online.
- protecting your privacy and managing your reputation.

- thinking about how your online activities affect yourself, other people you know, and the wider online community.
- taking action if you experience or are aware of others behaving irresponsibly, including posting inappropriate or offensive material, sharing private information or doing something illegal.

As you will have read in an earlier section, on 5th Feb we have some guest parent presenters coming to the classes to support our ongoing efforts to promote positive online behaviour and on 6th Feb, at 20:30, there is an online parent meeting for families to connect about these questions and share approaches, concerns and successes. I would like to thank all the parents who have volunteered and urge others to participate in the meeting if able.



Night of the Arts: 28.02.24



Mark your calendars for the most inspirational evening of the year, Night of the Arts! On 28th February, we will be showcasing the talent and creativity of our students in all areas of the arts - music, dance, drama and the visual arts. We will celebrate the diverse artistic expression of our students, featuring live performances,

visual arts displays, and the momentous IB Diploma Arts Exhibition.
More information will follow in the coming weeks.

Semester 1 Reports

Semester 1 reports will be published digitally on Managebac during the afternoon of Friday, 9th February. Students will receive a signed paper **summary** of their report to take home. If you would like to receive a paper copy of your child's **full** report please complete this [form](#) by Friday, 2nd February. Please only select this option if you really need a hard copy.

Parent Rep Meeting

There have recently been some parent questions about the Dual Language lesson and how German instruction has slightly changed in the school since last year. Please see the [linked letter](#) for more detail, which includes an invite to attend a workshop, focused on this topic, which will be held, at school, on February 7th, 8.30am in the school cafeteria. This workshop will take the place of the Parent Rep meeting and all interested parents are welcome to attend.



Late Pick-up After Clubs

We would like to remind parents about the importance of being on time to collect their children from clubs. Parents who arrive late will be charged a late fee.



Head Lice & Fevers

We seem to be facing a growth in head lice cases in the school at the moment. Please check your children regularly for lice, and inform us if you find them.

We would like to remind everyone that any child with a fever is not allowed to come to school. Even if medicine can reduce the fever, there is still an underlying illness that can easily be passed on. There is a lot of flu and colds going around at this time of year and we really need to try to keep everyone healthy.



Outdoor Play

Please make sure your child has a **rainproof jacket** as students will play outside unless the rain is very heavy.

Tutoring

If you are looking for a tutor for your child please complete this [form](#). Please note that tutors are subject to availability, it is not guaranteed that we will be able to find someone to assist your child.

Managebac

Please [click here](#) for some tips on how to use Managebac.

Looking Ahead:

01.02.24	Transition to Primary Presentation
07.02.24	Dual Language Workshop Rep Meeting
09.02.24	Semester 2 Reports Published
12. - 14.02.24	Carnival Break
15 - 16.02.24	MSF closed for Teacher Training



Secondary School

Monday	Tuesday	Wednesday	Thursday	Friday
Please check the School Event Calendar regularly for details about announced events and examination dates			01 February	02 February
			- Bulletin - G6-8 Girls Basketball Away vs. FISO	Deadline: Sem 1 Reports Hard Copy Request Form
05 February	06 February	07 February	08 February	09 February
G6-12 Boys Basketball Away vs. ISF	SEC Parent Reps Meeting	- Sem 2 Club Sign-ups begin - G10-12 French Class Field Trip (Le Petit Prince)		Fasching - Wear Your Costume to School! - Sem 1 Reports Published
12 - 14 Feb: Carnival Break			15 - 16 Feb: School closed/Teacher Training	
19 February	20 February	21 February	22 February	23 February
- MSF Reopens - Sem 2 Club Meetings Start 17:00-18:30 G9-12 Parent Info Evening with Dr Elizabeth Schroeder @ Commons	8:30-10:00 Grade 6-8 Parent Coffee Morning with Dr. Elizabeth Schroeder @ Cafeteria	Bake Sale G6 15:00-16:00 @ Cafeteria	Bulletin	Sem 2 Club Sign-ups Deadline
26 February	27 February	28 February	29 February	01 March
		16:00 MSF Night of the Arts	G6-8 Boys/Girls Home Game vs. FISW	



Night of the Arts: Wed, 28th February, 16:00-20:00



This is an open invitation to all members of the MSF community to come and join us for our annual celebration of the Arts. Showcasing the expressive creative talents of our G12 visual artists, the IB Exhibition will be hosted in the Commons from 16:30. Supporting the exhibition will be solo musicians, bands and choirs interspersed with theatrical performances; the secondary building will truly come alive and it will be an evening not to be missed. We look forward to seeing you!

SEC Semester 2 Clubs:

Semester II club sign-ups begin on Wed, 7th February for students. Clubs will begin when we return from Fasching break

on Mon, February 19th. Students can sign up throughout the week, and the form will close on Fri, 23rd February.

Fasching - Wear Your Costume to School on Fri, 9th Feb!

MSF Secondary will celebrate Fasching on Fri, 9th February! Join in the fun and wear your costume to school! School is way more fun in a costume!



Duke of Edinburgh (DofE) Expedition Schedule

Fri, 7th June: Full Day Practical expedition for All G9s and G10-11 DofE Club Members

Wed, 3rd - Thur, 4th July: Bronze Final Expedition for G9 Students

Wed, 3rd - Fri, 5th July: Silver Final Expedition for the G10 and 11 DofE Club Members

From the ALN Corner

Our children are online more than ever, with some experiencing almost virtual childhoods. Some helpful resources [HERE](#), from CIS and Europol.

From the IB Corner

Grade 10 students and parents: find the [link](#) to the **IB evening presentation**.

Grade 10 students: Bring your [IB selection form](#) **before 28th February**.

Class of 2024 IA Calendar: [Link](#)

IB exam schedule: [FINAL schedule, May 2024](#)

Grade 11/12, Where to find the best IB tutor: [Link](#)

The LP (Learner Profile) ideas for IB parents: Let's work together to empower our students to embody the ideal IB learner, well-prepared to navigate the challenges of life beyond the classroom, all while emphasising the importance of the Learner Profile. Today we will carry on with parents helping their child to be [Caring](#)

Academic Integrity: It is the cornerstone of our education, guiding us not only within the school but in all our endeavours. [Academic Integrity for IAs](#)

Grade 6 – 8 Girls Basketball Fixtures List:

[GAME 2 Match report from CAS Sports Writers](#)

GAME 3 (Away)

When: Thursday 01st February 2024

Venue: FIS Oberursel

Departure Time From MSF: 16:00pm.

Return Time From Venue: 18:00pm

Game 4 (Home)

When: Thursday 29th February 2024

Venue: Metropolitan School Sports Hall

Teams: MSF Middle School Girls vs. FIS Wiesbaden

Start Time: 17:00pm

Middle School Basketball Tournament (Boys and Girls):

Date: Wednesday 6th March 2023

Start Time: 14:00pm

Venue: Metropolitan School Sports Hall

Grade 9 – 12 Boys Basketball Fixtures List:

GAME 2 (Away)

When: Monday 05th February 2024

Venue: ISF

Departure Time From MSF: 15:15pm.

Return Time From Venue: 18:30pm

Additional fixtures for Grade 9 – 12 Boys Basketball are yet to be confirmed.

GO FOXES !

G10 & 12 Mock Exams

Grade 10 and 12 students will write their mock IGCSE & IB exams between 11th - 22nd March 2024. Detailed exams schedule will be shared closer to the dates.

Semester 1 Reports

Semester 1 reports will be published on Managebac during the afternoon of Friday, 9th February.

Students will receive a signed paper summary of their report to take home. If you would like to receive a paper copy of your child's full report please complete this [FORM](#) by Friday, 2nd February.



Maths Competitions Spring 2024

Please review the schedule of [Upcoming Maths Competitions](#) with your child(ren). The schedule should be accessible to parents, but each competition's registration link in the document, however, is only accessible from the student's MSF email account.

From the Athletics Director

Our **Winter Sport Season** runs from 08th Jan. until 15th March 2024. Available sports include:

- Grade 6-8 & Grade 9-12 Basketball (Boys and Girls)
- Grade 6-12 Competitive Badminton (Boys and Girls)

Grade 6 – 8 Boys Basketball Fixtures List:

GAME 3 (Away)

When: Monday 05th February 2024

Venue: ISF

Departure Time From MSF: 15:15pm.

Return Time From Venue: 18:30pm

Game 4 (Home)

When: Thursday 29th February 2024

Venue: Metropolitan School Sports Hall

Teams: MSF Middle School Boys vs. FIS Wiesbaden

Start Time: 17:00pm

Save the Dates

- MSF Job Information Night: Tues, 5th March
- Sem 2 SEC Parent-Teacher Conferences: Fri, 12th April
- G8 Transition to IGCSE Parent Info Evening: Tues, 16th April

For G10 Families: Important Dates after the IGCSE

Please note that our standard mandatory attendance applies to all of the following programs as they are part of the academic year.

- 10th-12th June 2024: [Harvard Model Congress - Leadership Programme](#) on MSF campus (please make note of a 425 Euro program fee).
- 13th - 14th June 2024: IB Boot Camp
- 17th - 28th June 2024: Grade 10 Work Experience
- 1st - 12th July 2024: IB Induction Weeks (G10s will follow the G12 Timetable)

For G8 Families: Important Information regarding IGCSE Subject Selection

As the year carries on, we will be speaking with both students and parents regarding course selection for the IGCSE program beginning in grade 9. On Tues, 16th April at 16:00, we will host an Info evening to discuss it officially with parents. Shortly after, we will open the course selection form on a first-come, first-served basis. We will continue to announce this process as we get closer to the date.

Proposal for SEC Trip Week 2024 (13th - 17th May 2024)

Please click on the links below for the Permission Forms and additional information.

- [Grade 6 will go to Camp Adventure in Walsrode](#)
- [Grade 7 will have local experiential learning day-trips around Frankfurt / Hessen](#)
- [Grade 8 will go to Camp Adventure in Bavaria](#)
- [Grade 9 will have Language trips to France / Spain](#)
- **Grade 10** will sit IGCSE exams - and are invited to start the process of registering for the CAS Trip to Prague (Sept. 2024)

Looking Ahead

01.02.24
05.02.24
06.02.24
09.02.24
12. - 14.02.24
15 - 16.02.24
19.02.24
20.02.24
21.02.24
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19.04.24
18.04.24
24.04-17.05.24
26.04-05.06.24
13.-17.05.24
29.05.24
07.06.24
10.-12.06.24
13.-14.06.24
17.-28.06.24
01.-12.07.24
03.-04.07.24
03.-05.07.24

G6-8 Girls Basketball Away vs. FISO
G6-12 Boys Basketball Away vs. ISF
SEC Parent Reps Meeting
End of Sem 1 & Sem 1 Reports Published
Carnival Break
MSF closed for Teacher Training
G9-12 Parent Info Evening (Dr Schroeder)
G6-8 Parent Coffee Morning (Dr Schroeder)
G6 Bake Sale
MSF Night of the Arts
G6-8 Boys/Girls Home vs. FISW
MSF Job Information Night
MS Boys/Girls Home Tournament
G10 & 12 Mock Exams
Sem 2 SEC Parent-Teacher Conferences
G8 Transition to IGCSE Info Evening
G10 & 12 Last Day of School
SEC Sports Day
IB May 2024 Exams
IGCSE May 2024 Exams
SEC Trips Week
G12 Graduation Ceremony
DofE Practical Expedition
G10 Harvard Model Congress on Campus
G10 IB Boot Camp on Campus
G10 Work Experience Weeks
G10 IB Induction Weeks
G9 Bronze Final Expedition
G10-11 DofE Club Members Silver Expedition



General Information

Regarding MSF

- **School Website:** www.m-school.de
- **Login for the Parent Zone** (password: inspiration20)
- **School Calendar 2023-2025:** The 2024-2025 school calendar is available on our website.

- **Managebac Guide:** Please [click here](#) for some tips on how to use Managebac.
- **ManageBac Login:** Attendance System and Messages to Parents

- **Parent & Student Handbook:** [General](#) Handbook / [FY](#) Handbook / [PRI](#) Handbook / [SEC](#) Handbook
- **School Forms:** <https://m-school.de/community/parent-zone/msf-forms-handbook/>
- **Update your contacts:** If you have changed any of your contact details (email / mobile number/home address/employer etc.), please let us know so that all our databases can be accurately updated. <https://forms.gle/9tbgMt988KT8wNnq7>

MSF School Calendar (Public) and MSF Google School Event Calendar: Our school calendar for a convenient overview as well as our detailed event calendar, showing activities and special events can be found on our [website](#)

Other information



Information from the nurse

We can all help control the spread of infectious diseases through early recognition and action. A sick student could contaminate staff and students, and this is particularly dangerous for our immuno-compromised and pregnant community members. Therefore, it is the parents responsibility to keep a sick child or a child who appears to become sick at home. Please report all cases of infectious diseases directly to our school office, as this will help us to monitor conditions and prevent the spread of illnesses. [Here](#) you'll find a list of the most common notifiable diseases and more information about them. Any student suspected of having an infectious disease must be seen by a doctor, as only the doctor can properly diagnose illnesses.

As a quick guide, you should not send your child to school if any of the following symptoms are present:

- **Temperature above 38°C**
- **Acute cold, sore throat or persistent cough**
- **Vomiting, nausea or severe abdominal pain**
- **Diarrhoea**
- **Red inflamed or discharging eyes**
- **Suspected and untreated head lice**
- **Acute skin rashes or eruptions**
- **Other symptoms of acute illness**

Please remember, your child should be symptom free for 24 hours before returning to school after illness. If you have any questions, please do not hesitate to contact us.

Infectious Diseases: Please see this useful [website](#) about infectious diseases. You can download the information in other languages as well. English is definitely included.

Notification of Head Lice: Please find detailed information from our nurse about the right treatment [here](#).

Car Pooling



If you are interested in car pooling, you can connect with each other via an interactive map. Add your location, if interested. This is to avoid the data protection restrictions. → Please have a look at [this guide](#).