

**KW 9**

**Standard Menu**

**Vegetarian / Vegan Menu**

<p>Mon</p> 	<p>Spaghetti bolognese with parmesan  <b>a, a.1, g</b>                      Dessert: fresh regional fruit</p>	<p>Spaghetti with veggie Bolognese  <b>a</b>                      Spaghetti bolognese with cheese (VEGAN)  <b>a, a.1, f, i</b>                      Dessert: fresh regional fruit</p>
<p>Tue</p> 	<p>Broccoli cream soup with fried potato cubes and farmer's bread  <b>a, a.1, g</b>                      Dessert: Strawberry Tiramisu  <b>a,c</b></p>	<p>Carrot soup with roasted onions and farmer's bread (VEGAN)  <b>a, a.1, f, i</b>                      Dessert: Strawberry Tiramisu  <b>a,c</b></p>
<p>Wed</p> 	<p>Beef meatballs with paprika dip, mashed potatoes &amp; mixed vegetables  <b>a,g</b>                      Dessert: fresh regional fruit</p>	<p>"Meat"balls with pepper dip, mashed potatoes &amp; mixed vegetables (VEGAN)  <b>a, a.1, f, i</b>                      Dessert: fresh regional fruit</p>
<p>Thu</p> 	<p>Nasi Goreng with chicken strips and a mild coconut curry sauce  <b>g</b>                      Dessert: Greek yoghurt with crunchy cereal and honey  <b>a,a.1,g</b></p>	<p>Nasi Goreng with tofu and a mild coconut curry sauce  <b>g</b>                      Dessert: Greek yoghurt with crunchy cereal and honey  <b>a,a.1,g</b></p>
<p>Fri</p> 	<p>Mediterranean vegetables on zanderfilet with potatoes, decorated with lime sauce  <b>a,a.1,d</b>                      Dessert: fresh regional fruit</p>	<p>Mediterranean vegetables on a vegetable patty with potatoes, decorated with lime sauce (VEGAN)  <b>a, a.1, f, i</b>                      Dessert: fresh regional fruit</p>

**The allergy meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients**



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten  
 a1 contains wheat  
 a2 contains rye  
 a3 contains barley  
 a4 contains oats  
 a5 contains spelt  
 a6 contains kamut  
 b contains crustaceans  
 c contains eggs

d contains fish  
 e contains peanut  
 f contains soy  
 g contains milk and milk products  
 h contains nuts  
 h1 contains almond  
 h2 contains hazelnut  
 h3 contains walnut  
 h4 contains cashew nut

h5 contains pecan  
 h6 contains Brazil nut  
 h7 contains pistachio  
 h8 contains macadamia nut  
 i contains celery  
 j contains mustard  
 k contains sesame  
 l contains sulphur dioxide  
 m contains lupine  
 n contains molluscs