

	Standard Menu	Vegetarian	Salad Bar
Mon 	Penne with tomato-mozzarella sauce a, a.1, g Dessert: fresh regional fruit	Penne with pesto a, a.1, g Dessert: fresh regional fruit	Couscous Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Tue 	Beef meatballs in a brown gravy sauce with mashed potatoes and butter corn a, a.1, g Dessert: Strawberry yoghurt g	Veggie patty with mashed potatoes, oven brussels sprouts and hummus dip a, a.1, i Dessert: Strawberry yoghurt g	Chickpea Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Wed 	Thai curry with rice, vegetables and chicken a, a.1 Dessert: fresh regional fruit	Thai Curry with rice, vegetables and tofu a, a.1, i Dessert: fresh regional fruit	Bulgur Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Thu 	Gnocchi au gratin with turkey bacon in a creamy red sauce a, a.1, g Dessert: Lemon cake a, a.1	Gnocchi au gratin with spinach in a creamy sauce a, a.1, f, i Dessert: Lemon cake a, a.1	Lentil Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Fri 	Chicken gyros with tzatziki, grilled carrots and tomato Kritharaki a, a.1, g Dessert: Pineapple smoothie	Veggie gyros with tzatziki, grilled carrots and tomato kritharaki a, a.1, g Dessert: Pineapple smoothie	Quinoa Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs