

Standard Menu

Vegetarian

Salad Bar

Day	Standard Menu	Vegetarian	Salad Bar
Mon	 <p>Pasta napoli garnished with parmesan a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Pasta with grilled feta cherry tomatoes mix a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Couscous Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Tue	 <p>Turkey schnitzel with carrots-corn mix, smashed potatoes and tomato dip a, a.1, g</p> <p>Dessert: Mixed fruit smoothie</p>	<p>Vegan schnitzel with fresh spinach, mint yoghurt dip and grilled potatoes a, a.1, g</p> <p>Dessert: Mixed fruit smoothie</p>	<p>Chickpea Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Wed	<p>Public Holiday</p>	<p>Public Holiday</p>	<p>Bulgur Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Thu	 <p>Mac and cheese casserole with broccoli and fried onions a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Mac and cheese casserole with cauliflower a, a.1, i</p> <p>Dessert: fresh regional fruit</p>	<p>Lentil Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Fri	 <p>Asian minced meat pan with basmati rice a, a.1</p> <p>Dessert: Vanilla icecream g</p>	<p>Asian vegetable pan with basmati rice a, a.1</p> <p>Dessert: Vanilla icecream g</p>	<p>Quinoa Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs