Standard Menu
Vegetarian
Salad Bar

| Mon | Pasta napoli with parmesan $\mathrm{a}, \mathrm{a} .1, \mathrm{~g}$ <br> Dessert: fresh regional fruit | Pasta verdure with parmesan $a, a .1, g$ <br> Dessert: fresh regional fruit | Couscous Salad <br> Tomato, Cucumber, Carrot Julienne, <br> Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes <br> Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard |
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| Tue | Grilled chicken sausage with smashed potato, grilled corn, sour cream and homemade ketchup a, a. 1 <br> Dessert: Apple crumble a, g | Grilled veggie sausage with smashed potato, sour cream, grilled corn and homemade ketchup a, a.1, i <br> Dessert: Apple crumble a, g | Chickpea Salad <br> Tomato, Cucumber, Carrot Julienne, <br> Bell Pepper, Red Cabbage, Green Salad, <br> Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes <br> Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard |
| Wed | Tomato cream soup with fried potato cubes, homemade farmer's bread and sour cream $\mathrm{a}, \mathrm{a} .1, \mathrm{~g}$ <br> Dessert: fresh regional fruit | Minestrone with homemade farmers bread $\mathrm{a}, \mathrm{a} .1, \mathrm{~g}$ <br> Dessert: fresh regional fruit | Bulgur Salad <br> Tomato, Cucumber, Carrot Julienne, <br> Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes <br> Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard |
| Thu | Chickpea curry with basmati rice $\mathrm{a}, \mathrm{a} .1, \mathrm{~g}$ <br> Dessert: Mango cream <br> g | Cauliflower in batter with couscous and mint dip $\mathrm{a}, \mathrm{a} .1, \mathrm{~g}$ <br> Dessert: Mango cream g | Lentil Salad <br> Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes <br> Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard |
| Fri | Beef lasagne with mozzarella $a, g$ <br> Dessert: fresh regional fruit | Spinach lasagne with mozzarella $\mathrm{a}, \mathrm{~g}$ <br> Dessert: fresh regional fruit | Quinoa Salad <br> Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes <br> Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard |

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients

|  | a Cereals containing gluten a1 contains wheat |
| :---: | :---: |
| (8) = Vegan | a2 contains rye |
|  | a3 contains barley |
| (1).4. $=$ Lactose free | a4 contains oats |
|  | a5 contains spelt |
| (8) = Gluten free | a6 contains kamut |
|  | c contains eggs |

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut
h5 contains pecan h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
I contains sulphur dioxide
m contains lupine
n contains molluscs

