

Standard Menu

Vegetarian

Salad Bar

	Standard Menu	Vegetarian	Salad Bar
Mon 	Pasta with tomato cream sauce and parmesan a, a.1, g Dessert: fresh regional fruit	Pasta with green pesto, cherry tomatoes, rocket and parmesan a, a.1, i Dessert: fresh regional fruit	Couscous Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Tue 	Turkey schnitzel with mashed potatoes, peas and onion jus a, a.1, g Dessert: Strawberry tiramisu a, c	Celery schnitzel with mashed potatoes, carrots and a cream sauce a, a.1, i Dessert: Strawberry tiramisu a, c	Chickpea Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Wed 	Tomato-potato soup with sour cream and wholemeal baguette a, a.1, g, i Dessert: fresh regional fruit	Cream of sweet soup with croutons and herb sour cream a, a.1, i Dessert: fresh regional fruit	Bulgur Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Thu 	Asian fried rice with vegetables, chicken and egg a, a.1, i Dessert: Creme caramel g	Fried rice with tofu and vegetables i Dessert: Creme caramel g	Lentil Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Fri 	Pizza salami or pizza tuna (fish) a, a.1, d, g Dessert: fresh regional fruit	Pizza margharita or verdure a, a.1, g Dessert: fresh regional fruit	Quinoa Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs