

MSF Bulletin: 28th November 2024



Whole School Announcements

General Information

Flu Season - Keeping Healthy

With the cold and flu season upon us, let's all work to keep our teachers healthy. The following study (in German but translate works well), published by the Berufsverband der Kinder- und Jugendärzte*innen recommends the use of saline nasal spray to shorten the duration of a cold in younger children.

[View Study](#)

Join MSF Holiday Magic!

The festive season is upon us and our Head Parents are looking for volunteers to help decorate the school, design, build and set up the Winter Show backdrop, and bring the holiday spirit to life.

[Information Letter and Sign-Up Sheet](#)

Movember - 'Care Through Action'

Mr Wragg (our Primary Principal) has been taking action to support a charity called 'Movember' this month. This charity started very simply, about 20 years ago, with a couple of friends sponsoring one another to grow a moustache through the month of November. They were inspired by a friend's mother who was fundraising for Breast Cancer research. They gave the money to an organisation that was researching Prostate Cancer. Since these humble beginnings, the charity has gone global and now raises over 100 million Euros annually, funding research and care for both men's physical and mental health.

The Mo growing has now diversified into Moving for Movember. Mr Wragg has been running 5km, every day of the month, come rain or shine and now has only three days to go. If you are interested in learning more about the charity, or supporting this action, please follow this link to Mr Wragg's [MoSpace](#).

Phone Collection for the Homeless

Grade 11 CAS students are collecting old cell phones to be donated to Caritas for distribution to the homeless. Phones will be collected during Advisory on Wednesday, December 4th and 11th in Secondary. Primary students and parents can place donated phones in the box in the Secondary office. Please ensure that charging cables are attached to the phone. The collected items will then be taken to Caritas, where the IT team will wipe them clean, in time to be delivered by Santa. If there are any questions, please [contact Ms. Chute](#).

Caroling on Campus

18th December, Wednesday

Throughout the day the Secondary choirs, led by Dr. Chenault, will be bringing festive cheer to the corridors and campus of MSF. You will be able to hear them at drop off and pick up that day. You are welcome to join in the singing, the more the merrier!

Cards for Charles CAS Project

Until 13th December, Friday

G11 Catherine, Romila and Noam are selling Christmas cards for a Kenyan artist.

Every card you buy is a raffle entry, with the winners receiving a prize at the end of the semester! You can even buy a card anonymously for anyone else, and they will deliver it straight to them.

[Link to Buy Cards](#)

Warning: Private Parking Wheel Clamping in operation

Despite previous requests, we respectfully remind parents to park in the designated places in the private parking lot across the street, not in staff parking at any time nor in the playground spaces except at drop-off/pick-up. Please be advised that cars parked in these spaces will be clamped.

Building Update

The passageway between the EY/PRI building and the SEC building will be closed until the holidays to allow for new pipe laying in this section. Access to the EY/PRI building is through the main office and to the SEC building through the main SEC entrance.

Thank you for your understanding.

Eschborner Landstrasse Traffic Observation

The police will be observing along Eschborner Landstrasse sometime between now and the December break to ensure parents are not stopping on the street in order to let their child out of the car. The rules of the road require you to pull into the stop & drop zones or park in a designated parking space in order to let your child out of the car. Please be a safe and courteous driver.

MSF Talk: Cosmetics That Do Not Cost the Earth

21st January, Tuesday, 16:00, Secondary Commons

Our science teacher, a biologist and environmental expert, Tracy Chute, will have a talk on the impact of our self-care products on us and the environment. Microplastic and toxic chemical ingredients challenge our health as well as sustainability. Does "bio" and "natural" mean the products are safe? Would you like to learn how to make your own self-care products at home? It's easier than you think!

[Register here](#)



[School Event Calendar](#) - please check it regularly for details about announced events and dates.

Message from Ms Henkel & Ms Orgler

As winter embraces us with its festive spirit, it is also a time for reflection. We are privileged to be part of an international school community, enjoying safety and opportunities that many around the world lack. Let us pause to appreciate this and think of ways to give back. Whether it is a small gesture of kindness, volunteering, or supporting a cause, we can all take action to make someone else feel special. Mrs Orgler and I are excited to share our Early Years Advent Calendar with the team and to celebrate together with the MSF Team at our annual Christmas Party. Together, let us use our privilege to spread warmth, hope, and joy—turning this reflective season into one of meaningful impact. Little actions, big differences.

Staffing Updates

We welcome back Ms Mary Kate from her maternity leave. Ms Mary Kate is our Early Years arts specialist and she will be starting weekly arts lessons in all classes after a short settling in period. Also, from January onwards we will be offering an extracurricular art club run by Ms Mary Kate. More information to follow soon!

EY Parent Rep

[Meeting Minutes](#)

Reminder Winter Shows

10th December, Tuesday, 14:30

We cordially invite all parents to our annual Winter Show for Kindergarten and Transition.

[Winter Show Letter](#)

Reminder Registration for Winter Holiday Programme

Until 13th December, Friday

Please read the letter from Ms Reddig, our Holiday Programme Coordinator, and use the links below to register your child/ren for the Winter Holiday Programme.

[Information letter](#)

[KG Butterflies](#)

[KG Frogs](#)

[KG Ladybirds](#)

[KG Turtles](#)

[TR Bumblebees](#)

[TR Dragonflies](#)

[TR Fireflies](#)

Next Early Years Team Meetings - Early Closure @ 15:30

16th December, 27th January & 24th February, Mondays; all dates in the

[Parent Event Overview 2024/2025](#)

Updated: [late pick up fee schedule](#)

Transition to Primary Coffee Morning & Tour

17th December, Tuesday, 8.30am Cafeteria

EY transition parents are all invited to attend a primary coffee information morning. This session will be focused on sharing information about the Primary School and how it would be similar and different from Early Years. Please [sign up](#).

First Smart, Then Phone Parent Pact - 'Care Through Action'

Below is more information about a valuable initiative that you as MSF parents can join. This is an idea that interested families make a pact (First Smart, Then Phone) for the well-being of children, encouraging a young life experience that is focused on real adventures, heart-to heart interactions and close relationships, minimising digital distractions.

[More information](#)

As we are in the cold and flu season, please refer to the information from our school nurse on the last page.



[School Event Calendar](#) - please check it regularly for details about announced events and dates.

Message from Mr Wragg

At this time of year, we often reflect on what we should be thankful for. Some recent conversations reminded me of the complex concept of 'privilege'. When we talk about privilege, a simple explanation is that others experience or don't experience something different than you, based solely on inherent qualities or circumstances outside their control. Privilege can come from race, culture, religion, nationality, gender identity, sexuality, physical or cognitive ability, age, health, size, socioeconomics, or a multitude of other factors. It exists on a spectrum, which means you can have lots of privileges in various areas while still experiencing a lack of privilege in others.

Privilege is a difficult concept for many of the primary children to grasp, but it is a really important one as it helps us develop empathy and understanding for both our own experiences and that of others. When helping children learn new concepts, such as this, we start by building up their understanding from the personal level, making connections with their own lives, then considering ideas from a local level (the school community) and eventually globally, looking at events and lives far removed from our own. Our Social Studies curriculum was carefully reviewed last year to include many opportunities to explore this type of higher level concept, at age appropriate levels, and we are seeing students make meaningful and thoughtful connections as a result.

Reminder After School Club Attendance

If your child has a club and you need to take them to another appointment (so they can not go to the club on that day), you must inform either the class teacher or the school office. If you do not inform the school, we spend time searching the school for that student.

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Please [sign up](#).

Winter Shows: Ms Sibbitt informs

[Letter](#)

Student Absences and Doctor's Note

Kindly be reminded that student absences due to sickness must be reported to the school via toddle. A student who is unable to attend school due to sickness for 3 days or more needs to submit a doctor's note to the main office. If your child is going to be absent in advance, you are kindly requested to log it in the same way.

[Student absence request form](#)

Special Visitor next week

There will be a special visitor coming to see all the Primary classes next Friday, 6th December. So we hope everyone will be there and they have all been good this year!



Secondary School



[School Event Calendar](#) - please check it regularly for details about announced events and dates.

Whole Secondary School

[Minutes of the SEC Parent Reps Meeting](#)

26th November, Thursday, 8:40 - 9:40, Cafeteria

Please find the survey to find dates for the upcoming workshops with Ms Leigh Krueger [here](#).

Fire Brigade Access Road

As of 2nd December, Monday

The fire brigade access road between the Primary and Secondary buildings will be closed from Monday, 2nd December for an estimated time of two weeks due to construction work. New pipes will be laid. The escape route from the Secondary building will then lead directly onto the street via the main secondary entrance and the metal roof exit.

The Spectrum - Secondary Arts Presentation

4th December, Wednesday, 18:00 - 20:00, Section 1 of the Sports Hall

We look forward to welcoming both students and parents to our annual secondary concert which features an exciting mix of visual arts, music and theatre. A G11 CAS bake sale will take place during the intermission.

Winter party G6-G9 organised by Student Council

19th December, Thursday, 18:00 - 21.00, Cafeteria

[Letter from student council to parents](#)

Message from the Secondary Athletic Director Mr Kerr

13th January - 28th March 2025

The Secondary School Winter sports season runs from 13th January until 28th March 2025.

Registrations are NOW OPEN.

[See here for sign-up details](#)

Private Tutoring by MSF Alumni

GradTutor, an independent tutoring service partnered with MSF, offers to support our students' academic journey by tutoring in IGCSE & IB subjects with MSF alumni. They provide flexible, fully online sessions after school or on weekends.

[Book a free trial](#)

Message from the Counsellors' Corner

On Wellness Wednesdays this month, we've focused on emotional wellness. You can use the NIH's Emotional Wellness Toolkit as a resource to continue the conversation at home and explore emotional wellbeing strategies that work well for your family!

Through our advisory program, we cover several social-emotional learning topics throughout the year. We will revisit emotional wellness in May for Mental Health Awareness Month.

[NIH's Emotional Wellness Toolkit](#)

Parent ID Cards

Please register for your personal parent identification card. The first card is free of charge. Whilst you may not attend campus as much as you used to, you may attend school events, parent rep meetings or meet other parents in the school's cafeteria. This measure helps to grant a safe school environment by tracking who is moving on campus and for what purpose.

[More information and ID card registration here](#)

Maths Competitions 2024 - 2025

There are several maths competitions offered to MSF Secondary students throughout the year. Students do not need to be a part of the Competitive Math Club in order to participate in a maths competition.

[Schedule](#)

Middle School (Grade 6 - 8)

Message from the ALN Coordinator Ms Armaou

For our wonderful parents who would like to deepen their knowledge on learning, parenting and child development, here is our suggestion for a free online Course offered by Yale University, US, via online asynchronous mode.

The course can be taken also with a certificate option and features four modules.

[Enjoy learning!](#)

High School (Grade 9 - 12)

IB Mathematics Tutor

Munther Samawi, specialised in IB Mathematics with 10+ years of experience, former IB student

[Email](#)

CAS and The Spectrum - SEC Performance Evening

4th December, Monday, 18:00 – 19:00, Section 1 of the Sports Hall

Join us for an evening of creativity and talent!

Our CAS students will not only support the Arts Department but will also be selling goods to raise funds for their initiatives.

IGCSE Parents information session

Thank you to all the parents who were able to attend. Attached are copies of both the student and parent information sessions.

Please email [Ms Krueger](#) with any IGCSE concerns.

[Student presentation](#)

[Parent presentation](#)

IB / IGCSE Language B Oral Mocks

9th December, Monday - 18th December, Wednesday

G9 and 10: IB info evening

23rd January, Thursday, 16:00 – 18:00, Commons

G9 parents are also welcome.

Useful Links

[Uni Guidance](#)

[Guide for IB Acknowledgment](#)

[IB late work guidelines](#)

[Academic Integrity for IA](#)



General Information

Regarding MSF

- **School Website:** www.m-school.de
- **Login for the Parent Zone** (password: *community25*)
- **School Calendar 2024-2026:** the school calendar is available on our [website](#).
- **Managebac Guide:** for some tips on how to use Managebac please [click here](#).
- **Toddle Guide:** [Family walkthrough on web](#), [Family app walkthrough](#), [Attendance on the app for families](#), [Attendance on the web for families](#)
- **ManageBac Login:** Attendance System and Messages to Parents
- **Parent & Student Handbook:** [General Handbook](#) / [EY Handbook](#) / [PRI Handbook](#) / [SEC Handbook](#)
- **School Forms:** <https://m-school.de/community/parent-zone/msf-forms-handbook/>
- **Update your contacts:** If you have changed any of your contact details (email / mobile number/home address/employer etc.), please let us know so that all our databases can be accurately updated. <https://forms.gle/9tbGt988KT8wNnq7>
- **Personal Parent ID Card:** [More information and ID card registration here](#)

Other information

Information from the nurse

We can all help control the spread of infectious diseases through early recognition and action. A sick student could contaminate staff and students, and this is particularly dangerous for our immuno-compromised and pregnant community members. Therefore, it is the parents responsibility to keep a sick child or a child who appears to become sick at home. Please report all cases of infectious diseases directly to our school office, as this will help us to monitor conditions and prevent the spread of illnesses. Any student suspected of having an infectious disease must be seen by a doctor, as only the doctor can properly diagnose illnesses. A list of the most common notifiable diseases and more information about them can be found [here](#).

As a quick guide, you should not send your child to school if any of the following symptoms are present:

Temperature above 38°C

Acute cold, sore throat or persistent cough

Vomiting, nausea or severe abdominal pain

Diarrhoea

Red inflamed or discharging eyes

Suspected and untreated head lice

Acute skin rashes or eruptions

Other symptoms of acute illness

Please remember, your child should be symptom free for 24 hours before returning to school after illness. If you have any questions, please do not hesitate to contact us.

Infectious Diseases: Please see this useful [website](#) about infectious diseases. You can download the information in other languages as well.

Notification of Head Lice: Please find detailed information from our nurse about the right treatment [here](#).

Tick information: With the beginning of spring, ticks become active. Please find detailed information [here](#).

Car Pooling: If you are interested in car pooling, you can connect with each other via an interactive map. Add your location, if interested. This is to avoid the data protection restrictions. Please have a look at [this guide](#).