

	Standard Menu	Vegetarian	Salad Bar
Mon			Couscous Salad
	Pasta carbonara with parmesan a, a.1, g	Pasta in truffle oil with cherry tomatoes, rocket olives and parmesan a, a.1 Dessert: fresh regional fruit	Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes
	Dessert: fresh regional fruit		Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Tue			Chickpea Salad
	Minced meat – potato casserole with carrots baked with mozzarella a, a.1, g	Spinach-leek potato casserole baked with mozzarella a, a.1, g	Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes
	Dessert: Mixed fruit smoothie	Dessert: Mixed fruit smoothie	Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Wed			Bulgur Salad
	Asian fried rice with teriyaki chicken breast and fried vegetables a, a.1, f Dessert: Vanille Pudding	Cauliflower in batter with asian fried rice and fried vegetables a, a.1 Dessert: Vanille Pudding	Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes
	g	g	Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Thu			Lentil Salad
	Roasted sweet potato soup with homemade bread a, a.1, f, i	Mexican bean stew with tacos a, a.1, f, i	Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw,
	Dessert: Mini chocolate nikolaus g	Dessert: Mini chocolate nikolaus	Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes
			Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Fri			Quinoa Salad
	Pizza salami or pizza tuna (fish) a, a.1, d, g Dessert: fresh regional fruit	Pizza margherita or pizza veggie a, a.1 Dessert: fresh regional fruit	Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes
			Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients			



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten a1 contains wheat a2 contains rye a3 contains barley a4 contains oats a5 contains spelt a6 contains kamut b contains crustaceans c contains eggs

d contains fish e contains peanut f contains soy g contains milk and milk products h contains nuts h1 contains almond h2 contains hazelnut h3 contains walnut h4 contains cashew nut

h5 contains pecan h6 contains Brazil nut h7 contains pistachio h8 contains macadamia nut i contains celery j contains mustard k contains sesame I contains sulphur dioxide m contains lupine n contains molluscs