




Standard Menu

Vegetarian

<p>Mon</p> 	<p>Penne Napoli with tomato sauce, basil, parmesan and olive-garlic topping a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Mushroom ravioli with ricotta filling, butter-sage sauce, parmesan and sunflower seeds a, a.1, f</p> <p>Dessert: fresh regional fruit</p>
<p>Tue</p> 	<p>Honey-glazed chicken thighs with roasted potatoes, green beans or carrots and herb-yogurt dip a, a.1, c, g</p> <p>Dessert: Blueberry cake a, a.1, g</p>	<p>Quinoa-stuffed bell peppers with feta, mediterranean herbs and roasted sweet potatoes a, a.1, f, g</p> <p>Dessert: Blueberry cake a, a.1, g</p>
<p>Wed</p> 	<p>Creamy pumpkin-carrot soup with nutmeg and croutons a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Moroccan lentil soup with chickpeas, coriander and homemade olive and onion bread a, a.1, f</p> <p>Dessert: fresh regional fruit</p>
<p>Thu</p> 	<p>Herb-crusted fish fillet with wild rice, carrots, and lime-herb sauce a, a.1, c, d</p> <p>Dessert: Vanilla panna cotta with berry compote g</p>	<p>Stir-fried tofu with broccoli, peppers, sesame and soy glaze a, a.1, f</p> <p>Dessert: Vanilla panna cotta with berry compote g</p>
<p>Fri</p> 	<p>Meatballs in tomato sauce with mozzarella, egg noodles and buttered vegetables a, a.1, f, g</p> <p>Dessert: fresh regional fruit</p>	<p>Ratatouille with zucchini, eggplant, peppers, tomatoes and couscous a, a.1, f, g</p> <p>Dessert: fresh regional fruit</p>

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients

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| <p> = Vegan</p> <p> = Lactose free</p> <p> = Gluten free</p> | <p>a Cereals containing gluten
 a1 contains wheat
 a2 contains rye
 a3 contains barley
 a4 contains oats
 a5 contains spelt
 a6 contains kamut
 b contains crustaceans
 c contains eggs</p> | <p>d contains fish
 e contains peanut
 f contains soy
 g contains milk and milk products
 h contains nuts
 h1 contains almond
 h2 contains hazelnut
 h3 contains walnut
 h4 contains cashew nut</p> | <p>h5 contains pecan
 h6 contains Brazil nut
 h7 contains pistachio
 h8 contains macadamia nut
 i contains celery
 j contains mustard
 k contains sesame
 l contains sulphur dioxide
 m contains lupine
 n contains molluscs</p> |
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