

**Standard Menu**

**Vegetarian**

**Salad Bar**

|  | Standard Menu  | Vegetarian  | Salad Bar  |
|--|--|---|--|
| <b>Mon</b><br>   | <b>Spaghetti bolognese and parmesan</b><br><b>a, a.1</b><br><b>Dessert: fresh regional fruit</b>   | <b>Spaghetti bolognese with cheese (VEGAN)</b><br><b>a, a.1, f, i</b><br><b>Dessert: fresh regional fruit</b>                                   | <b>Couscous Salad</b><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b> |
| <b>Tue</b><br>   | <b>Moroccan chickpea stew with croutons</b><br><b>a, a.1</b><br><b>Dessert: Oatmeal raisin cake</b><br><b>a, f, g</b>                    | <b>Potatoe stew with lentils with herb croutons</b><br><b>a, a.1</b><br><b>Dessert: Oatmeal raisin cake</b><br><b>a, f, g</b>                   | <b>Chickpea Salad</b><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>    |
| <b>Wed</b><br>  | <b>Chicken pita pocket with salad, tomatoes, corn, cucumber and tzatziki</b><br><b>a, a.1, g</b><br><b>Dessert: fresh regional fruit</b> | <b>Grilled cheese pita pocket with salad, tomatoes, corn, cucumber and tzatziki</b><br><b>a, a.1, g</b><br><b>Dessert: fresh regional fruit</b> | <b>Bulgur Salad</b><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>        |
| <b>Thu</b><br> | <b>Baked gnocchi with tomato and mozzarella</b><br><b>a, a.1, g</b><br><b>Dessert: Rice pudding with cinnamon</b><br><b>g</b>            | <b>Spinach and feta borek</b><br><b>a, a.1, g</b><br><b>Dessert: Rice pudding with cinnamon</b><br><b>g</b>                                     | <b>Lentil Salad</b><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>   |
| <b>Fri</b><br> | <b>Beef meatballs in tomatosauce with peas and rice</b><br><b>a, a.1, g</b><br><b>Dessert: Vanilla ice cream</b><br><b>g</b>             | <b>Falafel with curry sauce, rice and grilled carrots</b><br><b>a, a.1</b><br><b>Dessert: Vanilla ice cream</b><br><b>g</b>                     | <b>Quinoa Salad</b><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>     |

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten  
a1 contains wheat  
a2 contains rye  
a3 contains barley  
a4 contains oats  
a5 contains spelt  
a6 contains kamut  
b contains crustaceans  
c contains eggs

d contains fish  
e contains peanut  
f contains soy  
g contains milk and milk products  
h contains nuts  
h1 contains almond  
h2 contains hazelnut  
h3 contains walnut  
h4 contains cashew nut

h5 contains pecan  
h6 contains Brazil nut  
h7 contains pistachio  
h8 contains macadamia nut  
i contains celery  
j contains mustard  
k contains sesame  
l contains sulphur dioxide  
m contains lupine  
n contains molluscs