

## Standard Menu

## Vegetarian

## Salad Bar

|                                                                                                  |                                                                                                                                                |                                                                                                                                                              |                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon</b><br>   | <b>Pasta carbonara</b><br><b>a, a.1, g</b><br><br><b>Dessert: fresh regional fruit</b>                                                         | <b>Pasta with fresh spinach tossed in truffle-garlic-oil and parmesan</b><br><b>a, a.1</b><br><br><b>Dessert: fresh regional fruit</b>                       | <b>Couscous Salad</b><br><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b> |
| <b>Tue</b><br>   | <b>Baked broccoli rösti casserole with gouda</b><br><b>a, a.1, g</b><br><br><b>Dessert: Mousse blanc with strawberries</b><br><b>a, a.1, g</b> | <b>Eggplant tomato lasagna au gratin with mozzarella</b><br><b>a, a.1, g</b><br><br><b>Dessert: Mousse blanc with strawberries</b><br><b>a, a.1, g</b>       | <b>Chickpea Salad</b><br><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>    |
| <b>Wed</b><br>  | <b>Beef Goulash with Knöpfle and corn</b><br><b>a, a.1, g</b><br><br><b>Dessert: fresh regional fruit</b>                                      | <b>Mix mushroom goulash with Knöpfle</b><br><b>a, a.1</b><br><br><b>Dessert: fresh regional fruit</b>                                                        | <b>Bulgur Salad</b><br><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>        |
| <b>Thu</b><br> | <b>Cauliflower and sweet potato soup with homemade grain bread</b><br><b>a, a.1</b><br><br><b>Dessert: Brownie</b><br><b>a, a.1, g</b>         | <b>Asian dumpling Soup</b><br><b>a, a.1, f, i</b><br><br><b>Dessert: Brownie</b><br><b>a, a.1, g</b>                                                         | <b>Lentil Salad</b><br><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>   |
| <b>Fri</b><br> | <b>Turkey gyros with rice noodles tzatziki and grilled peppers</b><br><b>a, a.1, g</b><br><br><b>Dessert: fresh regional fruit</b>             | <b>Vegan gyro plate with Kritharaki, tomatoes, onions, cucumbers and tzatziki (VEGAN)</b><br><b>a, a.1, f, i</b><br><br><b>Dessert: fresh regional fruit</b> | <b>Quinoa Salad</b><br><br><b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b><br><br><b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>     |

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs