

Standard Menu

Vegetarian

Salad Bar

Mon 	Spaghetti napoli with parmesan a, a.1, g Dessert: fresh regional fruit	Spaghetti aioli with cherry tomatoes, mushrooms, olives a, a.1 Dessert: fresh regional fruit	Couscous Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Tue 	Beef Goulash with mashed potatoes and cauliflower a, a.1, g Dessert: Mini-Donuts Black & White a, a.1, c, f, g	Veggie goulash with couscous and mint dip a, a.1, f, i Dessert: Mini-Donuts Black & White a, a.1, c, f, g	Chickpea Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Wed 	Creamy broccoli macaroni casserole baked with mozzarella cheese a, a.1, g Dessert: fresh regional fruit	Roasted eggplant tomato maccherroni casserole baked with feta cheese a, a.1, g Dessert: fresh regional fruit	Bulgur Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Thu 	Red Chickpea curry with chicken and rice a, a.1 Dessert: Mango Lassi g	Red Chickpea curry with rice and vegetables a, a.1 Dessert: Mango Lassi g	Lentil Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Fri 	Pizza salami or pizza tuna (fish) a, a.1, d, g Dessert: Ice pop	Pizza margharita or verdure a, a.1, g Dessert: Ice pop	Quinoa Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs