

Standard Menu

Vegetarian

Salad Bar

Mon	 <p>Spaghetti napolitan with parmesan a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Spaghetti aioli with cherry tomatoes, mushrooms, olives a, a.1</p> <p>Dessert: fresh regional fruit</p>	<p>Couscous Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Tue	 <p>Beef Goulash with mashed potatoes and cauliflower a, a.1, g</p> <p>Dessert: Mini-Donuts Black & White a, a.1, c, f, g</p>	<p>Veggie goulash with couscous and mint dip a, a.1, f, i</p> <p>Dessert: Mini-Donuts Black & White a, a.1, c, f, g</p>	<p>Chickpea Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Wed	 <p>Creamy broccoli macaroni casserole baked with mozzarella cheese a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Roasted eggplant tomato maccherroni casserole baked with feta cheese a, a.1, g</p> <p>Dessert: fresh regional fruit</p>	<p>Bulgur Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Thu	 <p>Red Chickpea curry with chicken and rice a, a.1</p> <p>Dessert: Mango Lassi g</p>	<p>Red Chickpea curry with rice and vegetables a, a.1</p> <p>Dessert: Mango Lassi g</p>	<p>Lentil Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>
Fri	 <p>Pizza salami or pizza tuna (fish) a, a.1, d, g</p> <p>Dessert: Ice pop</p>	<p>Pizza margherita or verdure a, a.1, g</p> <p>Dessert: Ice pop</p>	<p>Quinoa Salad</p> <p>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</p> <p>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</p>

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients

 = Vegan

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

 = Lactose free

 = Gluten free

gluten free

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs