

Standard Menu

Vegetarian

<p>Mon</p> 	<p>Whole grain pasta with tomato sauce and parmesan a, a.1, g, i</p> <p>Dessert: fresh regional fruit</p>	<p>Whole grain spaghetti with basil, garlic oil, roasted cherry tomatoes & parmesan a, a.1</p> <p>Dessert: fresh regional fruit</p>
<p>Tue</p> 	<p>Asian fried rice with teriyaki chicken breast and fried vegetables a, a.1, f</p> <p>Dessert: Banana cake a, a.1, g</p>	<p>Asian fried rice with vegetables and egg c, f</p> <p>Dessert: Banana cake a, a.1, g</p>
<p>Wed</p> 	<p>Fish fingers with mashed potatoes and gravy with peas a, a.1, d, g</p> <p>Dessert: fresh regional fruit</p>	<p>Grilled parmesan brussels sprouts and mushrooms with mashed sweet potatoes a, a.1, g</p> <p>Dessert: fresh regional fruit</p>
<p>Thu</p> 	<p>Lentil soup with beef sausage and homemade bread a, a.1, i</p> <p>Dessert: Creme caramel g</p>	<p>Vegetable stew with potatoes, carrots and farmhouse bread a, a.1, g</p> <p>Dessert: Creme caramel g</p>
<p>Fri</p> 	<p>Tacos or burritos with minced meat and fresh vegetables with dips a, a.1, f, g</p> <p>Dessert: fresh regional fruit</p>	<p>Vegan tacos or burritos with fresh vegetables and dips a, a.1, g</p> <p>Dessert: fresh regional fruit</p>

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients

-  = Vegan
-  = Lactose free
-  = Gluten free
- a Cereals containing gluten
- a1 contains wheat
- a2 contains rye
- a3 contains barley
- a4 contains oats
- a5 contains spelt
- a6 contains kamut
- b contains crustaceans
- c contains eggs
- d contains fish
- e contains peanut
- f contains soy
- g contains milk and milk products
- h contains nuts
- h1 contains almond
- h2 contains hazelnut
- h3 contains walnut
- h4 contains cashew nut
- h5 contains pecan
- h6 contains Brazil nut
- h7 contains pistachio
- h8 contains macadamia nut
- i contains celery
- j contains mustard
- k contains sesame
- l contains sulphur dioxide
- m contains lupine
- n contains molluscs