

**Standard Menu**

**Vegetarian**

**Salad Bar**

	Standard Menu	Vegetarian	Salad Bar
<b>Mon</b> 	<b>Tortellini with a creamy sauce and parmesan</b> <b>a, a.1, g</b>  <b>Dessert: fresh regional fruit</b>	<b>Tortellini with a creamy mushroom-basil sauce and parmesan</b> <b>a, a.1, f, i</b>  <b>Dessert: fresh regional fruit</b>	<b>Couscous Salad</b>  <b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b>  <b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>
<b>Tue</b> 	<b>Turkey medallions in a creamy rosemary sauce with gnocchi and buttered carrots</b> <b>a, a.1, c, g</b>  <b>Dessert: Vanilla cream with muesli crunch and berries</b> <b>a, a.1, g</b>	<b>Grilled cauliflower steak with couscous and curry cream dip</b> <b>a, a.1, g</b>  <b>Dessert: Vanilla cream with muesli crunch and berries</b> <b>a, a.1, g</b>	<b>Chickpea Salad</b>  <b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b>  <b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>
<b>Wed</b> 	<b>Oriental chickpea stew with homemade bread</b> <b>a, a.1, f, i</b>  <b>Dessert: Greek yoghurt with crunchy cereal and honey</b> <b>a, a.1, g</b>	<b>Carrot-pea soup baking beans and homemade bread</b> <b>a, a.1, f, i</b>  <b>Dessert: Greek yoghurt with crunchy cereal and honey</b> <b>a, a.1, g</b>	<b>Bulgur Salad</b>  <b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b>  <b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>
<b>Thu</b> 	<b>Asian fried rice with vegetables, chicken and egg</b> <b>a, a.1, i</b>  <b>Dessert: Creme caramel</b> <b>g</b>	<b>Fried rice with tofu and vegetables</b> <b>i</b>  <b>Dessert: Creme caramel</b> <b>g</b>	<b>Lentil Salad</b>  <b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b>  <b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>
<b>Fri</b> 	<b>Beef lasagna</b> <b>a, a.1, g</b>  <b>Dessert: fresh regional fruit</b>	<b>Lasagne vegetarian</b> <b>a, a.1, g</b>  <b>Dessert: fresh regional fruit</b>	<b>Quinoa Salad</b>  <b>Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes</b>  <b>Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard</b>

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten

a1 contains wheat

a2 contains rye

a3 contains barley

a4 contains oats

a5 contains spelt

a6 contains kamut

b contains crustaceans

c contains eggs

d contains fish

e contains peanut

f contains soy

g contains milk and milk products

h contains nuts

h1 contains almond

h2 contains hazelnut

h3 contains walnut

h4 contains cashew nut

h5 contains pecan

h6 contains Brazil nut

h7 contains pistachio

h8 contains macadamia nut

i contains celery

j contains mustard

k contains sesame

l contains sulphur dioxide

m contains lupine

n contains molluscs