

Standard Menu

Vegetarian

Salad Bar

Day	Standard Menu	Vegetarian	Salad Bar
Mon 	Bavette with tomato-basil cream sauce and parmesan a, a.1, g, i Dessert: fresh regional fruit	Bavette with fresh basil, cherry tomatoes and herb pesto a, a.1, i Dessert: fresh regional fruit	Couscous Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Tue 	Chicken chop suey with basmati rice g, i Dessert: Mixed fruit smoothie	Veggie chop suey with basmati rice f, i Dessert: Mixed fruit smoothie	Chickpea Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Cabbage, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Wed 	Turkish bean stew, tomato soup with homemade bread a, a.1, f, i Dessert: Quarkballs a, a.1, g	Cauliflower-broccoli soup with homemade olive bread a, a.1, f, i Dessert: Quarkballs a, a.1, g	Bulgur Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Beet Rote, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Thu 	Grilled pollock or salmon with spätzle, lemon cream sauce, peas and herb quark a, a.1, d, g Dessert: Vanilla cream with muesli crunch and berries a, a.1, g	Lentil-vegetable patties with spätzle, baked pumpkin and herb quark a, a.1, f, i Dessert: Vanilla cream with muesli crunch and berries a, a.1, g	Lentil Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, White Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard
Fri 	Poultry sausages with oven fries, broccoli and homemade ketchup a, a.1, f, i Dessert: fresh regional fruit	Veggie sausages with sweet potato fries, grilled zucchini, homemade curry ketchup a, a.1, f, i Dessert: fresh regional fruit	Quinoa Salad Tomato, Cucumber, Carrot Julienne, Bell Pepper, Red Coleslaw, Green Salad, Cheese, Corn, Tuna, Olives, Sun-Dried Tomatoes Dressing: Yogurt, Italian, French, Balsamic, Honey-Mustard

The allergy and vegan meals will align with the regular lunch menu, with careful exclusion of any allergenic ingredients



= Vegan



= Lactose free



= Gluten free

a Cereals containing gluten
a1 contains wheat
a2 contains rye
a3 contains barley
a4 contains oats
a5 contains spelt
a6 contains kamut
b contains crustaceans
c contains eggs

d contains fish
e contains peanut
f contains soy
g contains milk and milk products
h contains nuts
h1 contains almond
h2 contains hazelnut
h3 contains walnut
h4 contains cashew nut

h5 contains pecan
h6 contains Brazil nut
h7 contains pistachio
h8 contains macadamia nut
i contains celery
j contains mustard
k contains sesame
l contains sulphur dioxide
m contains lupine
n contains molluscs